

# Aboriginal Community Mental Health Nurse



*Healthy Self,  
Healthy Families,  
Healthy Communities  
and Healthy Nation*



fraserhealth

Better health.  
Best in health care.

## Mission

Inuit, Métis and First Nations (regardless of status) partner with Fraser Health Authority and other service agents to meet primary health care and wellness needs and together build on cultural strengths enhancing communities of care.

## Values

- Guided by traditional healing and spirituality.
- An inclusive partner when planning, implementing and delivering services.
- Build better relationships that support the capacity of the Aboriginal service providers to deliver service.

## Guiding Principles

- Respect that Aboriginal culture, language and traditions are important to Aboriginal healing.
- Aboriginal well-being and healing needs to be determined by Aboriginal people.
- Fraser Health Authority is moving forward in full partnership with Aboriginal communities.

## Strategic Priorities

- Improving Health Outcomes for Aboriginal People
- Improving Access to Culturally-Appropriate Services
- Strengthening Relationships and Community Capacity Building



## Aboriginal Health Integration Committee

Fraser Health has three Aboriginal Health Integration Committee Regions. The AHICs comprise integrated health teams based on service delivery areas. Integrated health teams meet quarterly to discuss local health challenges and opportunities for collaboration.

AHICs and their corresponding integrated health teams facilitate networking and communication amongst representatives from Fraser Health, the Aboriginal communities, and service organizations, to increase knowledge, social awareness and understanding of all regional Health programs and services.

For details on AHICs and integrated health teams, or if you are interested in participating on an integrated health team in your area, please contact Dina Lambricht or Tracy Steere, Team Lead.

## The Community Mental Health Nurse is available to support:

- First Nation, Metis, and Inuit individuals and their families living in the Mission area and the communities of Sumas, Matsqui, Leq'a:mel, and Scowlitz
- First Nation community & Aboriginal agency staff
- Mental Health professionals

## The role of the Community Mental Health Nurse includes:

- Liaising with psychiatric services
- Administering psychiatric medications
- Supportive one to one counselling
- Advocating for mental wellness
- Liaising with Aboriginal Team
- Providing mental wellness promotion services
- Connecting clients with a variety of resources and information specific to Aboriginal mental health

## Who can call?

Referrals can be made by:

- individual clients
- family members
- friends
- health professionals

## When to call?

- To refer Aboriginal clients
- To ask questions regarding any aspect of Aboriginal health

Contact Information:

**Amanda Nipius**

Mission Mental Health Centre

(604) 814-5642

[amanda.nipius@fraserhealth.ca](mailto:amanda.nipius@fraserhealth.ca)



## **About the Aboriginal Health Services Identifier**

Our identifier represents a culturally-inclusive and caring organization.

The Aboriginal hummingbird symbolizes health.

The Métis Nation's Infinity Flag, and the Inuit Inukshuk represent the diversity of our Aboriginal population.

The medicine wheel symbolizes balance, representing the four elements of life, including mental, emotional, physical and spiritual health.

The drum symbolizes the heart beat of the Aboriginal nation.