



**fraserhealth**

Better health.  
Best in health care.

# Building Ongoing Relationships... Creating an Aboriginal Health Services Plan

## Our Goal

To create a collaborative health plan with FH and Aboriginal communities to improve the health status of the Aboriginal population and address the priority health issues and needs (achieving performance indicators).

### Focus

#### 1. Improved health outcomes

- Health Promotion and Prevention
- Chronic Disease
- Mental Health and Addictions
- Injury Prevention

#### 2. Improved access to culturally appropriate services

- Primary Care
- Recruitment and Retention
- Environmental Scan

#### 3. Improved relationships and capacity

- Partnerships and Linkages
- Knowledge dissemination
- Evaluation

## Fraser Health's Aboriginal Population

- Serving 46,025 Aboriginal People - 2001 Canada Census
- Fraser Health's Total Population – 1.4 million
- 3.5% of FH's total population is Aboriginal (highest in Agassiz, Chilliwack, Harrison and Hope)

## Aboriginal Health Plan

### Vision Statement

"Healthy Self, Healthy Families, Healthy Communities & Healthy Nation"

### Mission Statement

"Inuit, Metis & First Nations (regardless of status) partners with Fraser Health Authority and other service agents to satisfy primary healthcare and wellness needs and together build on cultural strengths enhancing communities of care".

*Created by the Mental Health Aboriginal Technical Steering Committee*

## About the planning process...

### Creating an Aboriginal Health Services Plan 2006-2009

- Consultative process began with getting to know each other and meeting on Aboriginal territory lands
- Includes Fraser Health and Aboriginal community representatives across FH
- Inventory and evaluation of services
- Measurement of effectiveness— achieving performance indicators



Hope Band – Public Health and Home Health services provide care for young mothers and their Aboriginal infants

## Celebrating Successful Relationships

Working together to improve the health of Aboriginal communities



Katzie Band – Health Education Centre offers child health services, diabetes education and more

Mission Indian Friendship Band – Public Health professionals are active with the Indian Friendship Centre and To:o Aboriginal Housing to provide primary health care, diabetes education, mentoring students of Traditional Aboriginal Culinary Arts, etc.



Mission Band – Mental Health professionals join Aboriginal participants in a Family Healing Day



To:o Band's Health and Wellness Clinic



Hope Band – Home Health Nursing makes home visits



Seabird Island Band – Intergenerational Walking Club, part of registered "BC Active Communities"