

About the Aboriginal Health Services Identifier

Our identifier represents a culturally-inclusive and caring organization.

The Aboriginal hummingbird symbolizes health.

The Métis Nation's Infinity Flag, and the Inuit Inukshuk represent the diversity of our Aboriginal population.

The medicine wheel symbolizes balance, representing the four elements of life, including mental, emotional, physical and spiritual health.

The drum symbolizes the heart beat of the Aboriginal nation.

ABORIGINAL YOUTH SUICIDE PREVENTION AND MENTAL HEALTH INITIATIVES



Healthy Self,
Healthy Families,
Healthy Communities
and Healthy Nation



Mission

Inuit, Métis and First Nations (regardless of status) partner with Fraser Health Authority and other service agents to meet primary health care and wellness needs and together build on cultural strengths enhancing communities of care.

Values

- Guided by traditional healing and spirituality.
- An inclusive partner when planning, implementing and delivering services.
- Build better relationships that support the capacity of the Aboriginal service providers to deliver service.

Guiding Principles

- Respect that Aboriginal culture, language and traditions are important to Aboriginal healing.
- Aboriginal well-being and healing needs to be determined by Aboriginal people.
- Fraser Health Authority is moving forward in full partnership with Aboriginal communities.

Strategic Priorities

- Improving Health Outcomes for Aboriginal People
- Improving Access to Culturally-Appropriate Services
- Strengthening Relationships and Community Capacity Building



Aboriginal Health Integration Committee

Fraser Health has three Aboriginal Health Integration Committee Regions. The AHICs comprise integrated health teams based on service delivery areas. Integrated health teams meet quarterly to discuss local health challenges and opportunities for collaboration.

AHICs and their corresponding integrated health teams facilitate networking and communication amongst representatives from Fraser Health, the Aboriginal communities, and service organizations, to increase knowledge, social awareness and understanding of all regional Health programs and services.

For details on AHICs and integrated health teams, or if you are interested in participating on an integrated health team in your area, please contact Dina Lambright or Brian Muth, Team Lead (see back).

The Coordinator, Aboriginal Youth Suicide Prevention & Mental Health Initiatives is available to support:

- Fraser Region Areas including 32 First Nation communities, including acute care and public health settings, urban service providers and service organizations providing services for Aboriginal communities
- Provide education,
 awareness and knowledge
 sharing to increase the
 awareness of risk factors for
 Aboriginal Youth

The role of the Coordinator, Aboriginal Youth Suicide Prevention & Mental Health Initiatives includes:

- Provide leadership and support Fraser Region Aboriginal Youth Suicide Prevention, Intervention and Postvention Strategy
- Assist in development, planning, coordination and implementation of programs plans, ensuring effective systems, practices, policies and timelines are met

- Advocacy and collaboration to assist in addressing overall mental wellness and holistic way of being
- Supporting holistic, traditional therapies, ensuring culturally safe practices
- Provide and support mental wellness promotion services

The Coordinator will work collectively with the Collaborative including:

- Fraser Health Staff
- Ministry of Children and Family Development
- First Nations Health
 Authority
- Ministry of Health
- Local Chiefs, Council and Communities
- Friendship Centres
- Aboriginal Youth
- Fraser Region Divisions of Family Practice
- Municipal Governments
- Academic Researchers
- RCMP
- School Districts

Contact Information: Ann Seymour, BSc. BSW, MSW, RSW, MBA (604) 614-3819 Ann.seymour@fraserhealth.ca