

## Alcohol and Street Drugs

While in the program, we expect you to

- not drink any alcohol
- not take any drugs or medications not prescribed by your family doctor and/or psychiatrist

If you use of alcohol or street drugs during your time in the program, we could remove you from the program.

## Confidentiality

To give you the best possible care and to make sure everyone who looks after you has the information they need, we only share your health information with those other healthcare providers and support persons involved in your care.

Times when we are required to release confidential information:

- when it relates to the protection of children or elders
- when there are concerns you might be a danger to yourself or others
- when the information is subpoenaed by the courts

**Note:** We will report any criminal activities we witness to the police.

## Contact

To contact the nurse, call:

Monday to Friday 8:00AM to 10:00PM  
Saturday and Sunday 8:00AM to 8:00PM

**604-514-6002**

## After hours support

24 hour Crisis Line 604-951-8855  
Toll Free 1-877-820-7444

After Hours Mental Health Services  
1-877-384-8062

If you need **emergency help**, call **9-1-1** or go to the nearest Emergency Department.

[www.fraserhealth.ca](http://www.fraserhealth.ca)

This information does not replace the advice given to you by your healthcare provider.

Catalogue #253620 (March 2019)  
To order: [patienteduc.fraserhealth.ca](mailto:patienteduc.fraserhealth.ca)



Langley • White Rock • South Surrey • Cloverdale  
Mental Health Services

**604-514-6002**



## **What is the Acute Home Treatment Program?**

Acute Home treatment Program is designed to provide short-term acute psychiatric nursing care for people in their home setting. This type of care can shorten a hospital stay, or act as an alternate option to a hospital stay, by providing the support needed to help the person return to or remain in the community.

We believe that patients should have options for care. We work with you and the people in your life who support you to plan your care and treatment.

## **Who qualifies for this program?**

To take part, you and your support person must be willing to accept care in your home.

Also, we require the following:

- ✓ A psychiatrist or doctor has referred you to us.
- ✓ You live in an appropriate home setting.
- ✓ There is no immediate risk of you harming yourself or others.
- ✓ You do not have a recent history of violence.

## **What happens when I am referred to the program?**

Before you are admitted to the program, we ask to you sign an Agreement for Care.

We do a safety check of your home to make sure our visiting nurses will be safe when they visit you.

WorkSafeBC requires our nurses to wear shoes at all times when in your home. They will wear shoe coverings, if needed.

If you or anyone in your home smokes, please do not smoke inside for 1 hour before our visit.

While in the program, we work with you and your support person to make a plan of care that best suits your needs for recovery while you are acutely ill.

How long you are in the program varies from a few days to a few weeks.

## **What are my rights while in the program?**

You have the right to:

- be informed of the treatment you will receive as well as the possible side effects of medications
- discuss any concerns you have with your doctor, nurse, or other professional care provider

## **What do team members do?**

While in the program, your psychiatrist is involved in your clinical care, prescribes your medications, and sees you regularly.

During visits, the nurse will:

- ✓ Assess and monitor your target symptoms, mental status, response to medications and possible side effects, physical status, activities of daily living, nutrition, and support system
- ✓ Help you arrange your medical appointments and diagnostic tests
- ✓ Help you understand your illness and the medications you are taking
- ✓ Monitor, and if needed give, your medication, as prescribed by your psychiatrist
- ✓ Provide education and skills training to you and your support persons
- ✓ Provide information about other support systems in the community
- ✓ Work with you in planning your completing and leaving the program