

**Emergency Services** 

# After a Chest Tube is Removed

You have had a chest tube in your chest to remove air from an air leak or pneumothorax.

Your most recent chest x-ray shows that the air leak has stopped and your lung has returned to normal. However, the pneumothorax could return. Also, you are now more likely to get a pneumothorax in the future.

### How to take care of yourself at home

- Keep a clean, dry bandage over the site for 2 to 3 days after the tube is removed.
- Change the dressing when it gets wet or dirty.
- Continue to do your deep breathing exercises.

## For your safety

- Do not fly for 14 days (2 weeks) after the chest tube is removed.
- Talk to your family doctor if any time in the future you want to take part in the following activities:
  - scuba diving
  - climbing to high-altitudes

It could be very dangerous if your lung collapsed again.

Your chest tube was removed on:	
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# Arrange to see your family doctor if: ☐ Your wound is red, draining pus (yellow or green coloured ooze), or has a bad smell coming from it. ☐ You have a fever over 38.5°C (101.3°F). Go to the nearest Emergency Department if: ☐ You have trouble breathing. ☐ You have chest pain. ☐ You are bleeding through the bandage on

Tell the nurse and doctor in Emergency you have had a collapsed lung and chest tube in the past.

### To learn more, it's good to ask:

Your family doctor

your chest.

When to get help

- Fraser Health Virtual Care
   1-800-314-0999 or live chat online at fraserhealth.ca/virtualcare
   10:00 a.m. to 10:00 p.m., daily
- HealthLinkBC call 8-1-1 (7-1-1 for deaf and hard of hearing) or go online at HealthLinkBC.ca