

Write down your signs of possible reaction

Reaction signs _____

Date _____

Time (start and finish) _____

Details of the transfusion

♦ Nurse completes this section ♦

Reason for transfusion

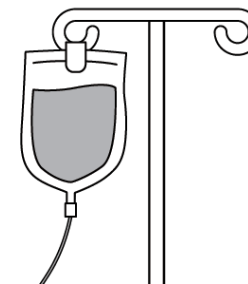
Component/product

Unit serial or lot number

Date and time started

Time finished

After your transfusion



What to watch for

- ★ Read this pamphlet carefully before you leave.
- ★ Ask your nurse about anything you do not understand.
- ★ Keep this pamphlet with you. It has important information.

www.fraserhealth.ca

This information does not replace the advice given to you by your health care provider.

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To order, visit patienteduc.fraserhealth.ca



After your transfusion

You had a transfusion today.
This means we gave you the part of blood that you need.

Blood transfusions are very safe. It is rare, but sometimes a person can have a reaction. This could be an allergic reaction or your body reacting to the added blood. Serious reactions are very rare.

Nurses watched you while you received your transfusion to keep you safe and watch for reactions.

Sometimes, people have a reaction soon after leaving the hospital, or up to 14 days later. With this in mind, you should know what to watch for and when to get help.

If you have a reaction after you leave the hospital, follow the instructions under *When to get help* and tell your nurse at your next transfusion appointment.

Family practitioner refers to your family doctor or nurse practitioner

When to get help

Call the practitioner who arranged for your transfusion or your family practitioner if you notice any of these signs of possible reaction over the next 14 days:

- rash, hives, and itchiness*
- nausea and throwing up (vomiting) that is new for you
- headache that is new for you
- disturbed by bright light
- feeling very hot or feverish
- chills
- back pain

*Note: rash, hives, itchiness usually appear within the first 24 hours.

Tell your practitioner you had a blood transfusion and give them the details of the transfusion. They need to report your reaction to us.

Call 9-1-1 or go to your nearest **Emergency Department** if you notice any of these reactions at any time:

- severe headache with eye pain and extreme drowsiness
- swelling of your face or tongue
- trouble breathing or shortness of breath
- chest pain or tightness
- pee (urine) becomes red or brown
- skin or white part of your eye becomes yellow

Bring this pamphlet with you to show the details of the transfusion.

Cannot contact your family practitioner?

Contact **Fraser Health Virtual Care** to speak with a registered nurse
10:00 a.m. to 10:00 p.m., every day.



Phone: 1-800-314-0999



Chat live online:

- Scan this QR code, or
- Visit fraserhealth.ca/virtualcare

Have questions after your transfusion?

Contact **HealthLinkBC** to speak with a registered nurse any time, day or night.



Phone: 8-1-1
604-215-8110