





Alternatives to Driving



Not able to drive for medical reasons? Here are some options for you.

Service	Description	For more information
Public Transit	If you are using the bus and Skytrain with a mobility aid (walker, wheelchair, scooter, etc.), TransLink offers 'Travel Training' which gives you practice getting on and off the bus with your wheelchair.	TransLink/Coast Mountain Bus Company Training Department Call 604-264-5420 to make an appointment For more information, look for 'Access Transit Programs' at translink.bc.ca 
HandyCard and Taxi Savers	HandyCard offers fare discounts for people who have a permanent physical, sensory or cognitive disability and who need help to use normal public transit. On public transit, individuals travel at concession fares and an attendant is free. TaxiSavers are pre-purchased coupons for lower rate taxi fares. You must register for these services.	TransLink Call 604-953-3680 For more information, look for 'HandyDART' in 'Accessible Transit' under 'Rider Guide' at translink.bc.ca 
HandyDART	A door to door, shared ride service for passengers who have physical or cognitive (thinking) disabilities. You must register for this service.	If you live east of Langley: Central Fraser Valley Transit System Call 604-855-0080 For more information, look for 'handyDART' under 'Rider Info' at bctransit.com 
SPARC BC	Provides disability parking permits to people with mobility problems. If you are being driven around by someone, the permit allows that person to park in a designated parking spot (anywhere in B.C.). You must register for this service.	SPARC BC Call 604-718-7744; 1-888-718-7794 Email permits@sparc.bc.ca For more information, look for 'Parking Permits' under 'Programs & Services' at sparc.bc.ca 



Using a QR Code Reader App on your tablet or smart phone, scan the image to access the web pages.

Alternatives to Driving - *continued*

Service	Description	For more information
Ride Programs	This is listing of available ride programs in the province, organized by community. Reliable transportation for seniors is affordable, accessible, and convenient.	STAR (Seniors Transportation Access and Resources) Call 604-669-2860 Email info@best.bc.ca For more information, look under 'Available Ride Programs' at starcanada.ca 
Medically At-Risk Driver Centre	A provincial listing of organizations and companies providing options for transportation for seniors in B.C.	MARD Centre To find an organization in your area, choose British Columbia under the provincial listings at mard.ualberta.ca 

If you are not able to drive and are concerned about how this may affect you in doing things you want or need to do during the day, please speak to your Rehabilitation Team.

This list is provided for your information and education only.
Fraser Health does not endorse any specific organization or company.

We encourage you to do your checks and use your own judgement (due diligence) before hiring a private service.

www.fraserhealth.ca

This information does not replace the advice given to you by your healthcare provider.