

Occupational Therapy

# Bathroom Equipment

Name: \_\_\_\_\_

Date: \_\_\_\_\_

After an injury or illness it might be difficult to take a bath or shower. Bathroom equipment can help you to take a bath or shower in a safe way. Your occupational therapist will recommend the equipment you need for your home.

## Where to get your equipment

- **Borrow** from the Canadian Red Cross – Short Term Loan Program. You can borrow equipment for up to 6 months. You need a referral from your occupational therapist or physiotherapist.
- **Rent or purchase** from a local medical equipment supplier. Your occupational therapist can provide you with a list of local suppliers.
- If you have **extended benefits** through a private company, you can call and ask if medical equipment is covered.
- If you are a **veteran** or **receive disability income** through the government, please tell your occupational therapist. You could be eligible for other types of funding.

## Equipment you need

- |  |   |
|--|---|
| <input type="checkbox"/> Bath Transfer Bench   | <input type="checkbox"/> Toilet Safety Frame  |
| <input type="checkbox"/> Bath Board            | <input type="checkbox"/> Commode Chair:       |
| <input type="checkbox"/> Shower Chair          | <input type="checkbox"/> with Wheels          |
| <input type="checkbox"/> With Back             | <input type="checkbox"/> Stationary           |
| <input type="checkbox"/> Without Back          | <input type="checkbox"/> Raised Toilet Seat   |
| <input type="checkbox"/> Clamp-on Grab Bar     | <input type="checkbox"/> Height: _____        |
| <input type="checkbox"/> Permanent Grab bar    | <input type="checkbox"/> with Arms            |
| <input type="checkbox"/> Hand Held Shower Head | <input type="checkbox"/> without Arms         |
|  | <input type="checkbox"/> Bedrail (Bed Assist) |
|  | <input type="checkbox"/> _____                |

**Bathroom Equipment - continued**



**Bath Transfer Bench**



**Bath Board**



**Shower Chair**



**Clamp-on Grab Bar**

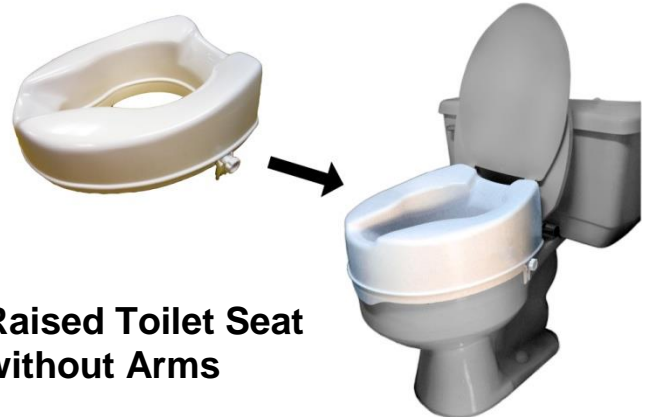
**Toilet Safety Frame**



**Commode Chair with Wheels**



**Raised Toilet Seat with Arms**



**Raised Toilet Seat without Arms**

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If you have questions about bathroom equipment, contact your occupational therapist.

\_\_\_\_\_ (OT) (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

[www.fraserhealth.ca](http://www.fraserhealth.ca)

This information does not replace the advice given to you by your healthcare provider.