



Best for a healthy future **BEGINNINGS**



Baby's Best Chance (7th edition) **Highlights For Your Pregnancy:**

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Keep this with your ***Baby's Best Chance*** for easy access to a wealth of information and resources!

For more information on child development, introducing solid foods and parenting... see
Toddler's First Steps

- ***Baby's Best Chance: Parents' Handbook of Pregnancy and Baby Care***
- ***Toddler's First Steps: A Best Chance Guide to Your 6- to 36-Month-Old Child***

For your **FREE** copy:
- Call your public health unit
- Go on-line to
healthlinkbc.ca/babys-best-chance



For more information please call
your local public health nurse

Local Public Health Units

Abbotsford:

104-34194 Marshall Rd | 604.864.3400

Agassiz:

7243 Pioneer Ave | 604.793.7160

Burnaby:

300-4946 Canada Way | 604.918.7605

Chilliwack:

45470 Menholm Rd | 604.702.4900

Delta – North:

11245 84 Ave | 604.507.5400

Delta – South:

1826 - 4949 Canoe Pass Way | 604.952.3550

Hope:

444 Park St | 604.860.7630

Langley:

20389 Fraser Hwy | 604.539.2900

Maple Ridge:

400-22470 Dewdney Trunk Rd | 604.476.7000

Mission:

1st Floor 7298 Hurd Street | 604.814.5500

New Westminster:

218 610 Sixth St | 604.777.6740

Surrey – Cloverdale :

205 17700 56 Ave | 604.575.5100

Surrey – Guildford:

10233 153 St | 604.587.4750

Surrey – Newton:

200-7337 137 St | 604.592.2000

Surrey – North :

220 -10362 King George Blvd | 604.587.7900

Tri-Cities:

200 -205 Newport Dr | 604.949.7200

White Rock/South Surrey:

15476 Vine Ave | 604.542.4000

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[fraserhealth.ca /pregnancy](https://fraserhealth.ca/pregnancy)