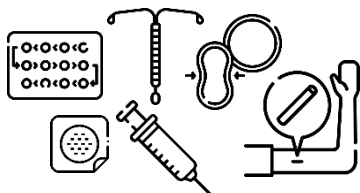


Birth Control After Surgery

For people who use hormonal birth control to prevent pregnancy



On the day of your surgery, we gave you medicines that could reduce how well your hormonal birth control, or hormonal contraceptive, works. This effect lasts as long as it takes your body to clear the medicine from your system. This means your birth control might not prevent pregnancy during this time.

We have checked off (☑) which medicine you got. Follow these instructions to prevent pregnancy.

What we gave you	What we use it for How long it stays in the body	What to do to prevent pregnancy
<input type="checkbox"/> sugammadex (Bridion®)	This medicine reverses the medicine given during surgery to relax muscles. This medicine affects hormonal birth control for up to 7 days .	Use a backup birth control for 7 days after your surgery. Continue with your regular birth control method during this time.
<input type="checkbox"/> aprepitant (Emend®)	This medicine prevents an upset stomach and throwing up (nausea and vomiting) after surgery. This medicine affects hormonal birth control for up to 28 days .	Use a backup birth control for 28 days after your surgery. Continue with your regular birth control method during this time.

Types of birth control affected

These medicines affect any of these types of hormonal birth control:

- pill, including progestin-only pills (oral contraceptive)
- device inserted into the body (implanted contraceptive)
 - under the skin of the upper arm
 - into the uterus (intrauterine device or IUD)
- vaginal ring (intravaginal contraceptive)
- skin patch (transdermal contraceptive)
- shot (injection contraceptive)

Options for backup birth control

These are options for backup birth control:

- condom, male or female
- diaphragm placed in the vagina
- cervical cap and sponge placed in the vagina
- not having sex (abstinence)

To learn more about backup birth control

- Speak with your family doctor or pharmacist.
- Go online to [Options for Sexual Health \(optionsforsexualhealth.org\)](https://optionsforsexualhealth.org). Look under “The Facts” for “Birth Control” then “Birth Control Methods”.



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This information does not replace the advice given to you by your health care provider.

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