

Name: \_\_\_\_\_

### **What is a Blepharoplasty?**

Skin or fat around the eyes is removed.

Excess skin can develop because of:

- Aging
- A history of puffy eyelids because of allergies or water retention
- An inherited tendency of droopy eyelids

### **How do I prepare for this procedure?**

- Arrange for someone to take you home after your surgery
- Do not wear eye makeup on the day of the surgery
- Follow any other instructions provided by your doctor.

### **What happens during the procedure?**

Your doctor will:

- Mark the skin that will be removed
- Cut away the tissue that is marked
- Sew up the cuts with stitches

The stitches may dissolve or may need to be removed by your doctor

### **What happens after the procedure?**

- You may have swelling or bruising ("black eyes") for 3 weeks
- The incisions are red right after the surgery
- They are made in natural creases in your skin, so are hidden

- If you wear glasses, you may wear them right away
- If you wear contact lenses, ask your doctor when you can start wearing them
- Wait two weeks before using eye makeup

### **What if I have pain?**

- Take over-the-counter medicine such as acetaminophen (Tylenol) and ibuprofen (Motrin, Advil) unless your doctor or nurse tell you not to

### **Seek medical attention immediately if you have:**

- Severe pain and the pain medicine does not help
- A loss of vision
- A lot of drainage or bleeding from your eye
- A fever more than 38° C or 100.4° F

#### **Questions or Concerns:**

Health Link BC: 811

(604) 215-2400

Hearing Impaired: 1 866 889-4700

Or, contact your physician

**In an Emergency:** Call 911 or go to the hospital emergency room

### **Contact your physician's office for a follow-up appointment.**

Dr. \_\_\_\_\_ Phone: \_\_\_\_\_