

Patient Handout

Botox Injection for Bladder Problems

Botox Injection

You have been given a Botox injection into your bladder to help prevent the muscles from having the spasms that cause patients to urinate frequently and urgently. You received a local anesthetic to the bladder with injections of Botox to the bladder wall.

How long does the Botox take to work?

Typically you should notice an effect from the treatment in 5 – 7 days.

How long should the Botox treatment last me?

Patients often state that they get relief for 4 – 6 months from one treatment.

Following your treatment:

- You may experience small amounts of blood in the urine (pink tinged) for 2 – 3 days, this is acceptable.
- After receiving your Botox treatment from your doctor you will be discharged home. Should you be unable to urinate in the next 8 hours following treatment and you feel increasing abdominal pain, try a warm shower/tub. If this is ineffective in allowing you to urinate and the abdominal pain increases, get hold of your physician for further instructions.
- If you are unable to reach your physician, you will need to go to the nearest hospital's emergency department for evaluation.
- If you have signs of a bladder infection such as an elevated temperature over 38.0, burning on urination or severe fatigue and the symptoms last for more than a day, you should see your doctor as soon as possible.

Additional Facts:

1. Increase your fluid intake. Try to drink one glass of water every hour today until bedtime. Continue your increased fluid intake if burning and/or bleeding persists.
2. For the next 2 days avoid coffee, tea (regular or decaffeinated), herbal tea, cola drinks, chocolate or alcoholic beverages. You may drink water, juice, milk, Caf Lib or Postum. Drink lots of fluids to flush your system.
3. Make sure you complete taking the Antibiotic order as requested by your physician.



**Abbotsford Regional Hospital
General Day Care
32900 Marshall Road
Abbotsford, BC V2S 0C2
(604) 851-4700**

Dr. George Vrabec office Ph. # 604-851-5668