

Name: _____

Today you have had a bronchoscopy. There are a few things you need to watch for.

Frozen or numb throat:

- Your throat was frozen with a local anaesthetic so you would not gag
- The freezing makes it hard to swallow and to tell hot from cold
- You will stay in the hospital until you can swallow and have a gag
- It is normal to have a hoarse voice or sore throat for a few days
- Sucking on lozenges and gargling with warm salt water will help

Bleeding:

- You may cough up a small amount of blood
- This is normal and the amount of blood should decrease over the day

For the next 48 hours:

Do not drink alcohol
Do not smoke cigarettes
Do not eat spicy or really hot foods
Do not drink really hot liquids
Eat food that is soft and easy to swallow
Avoid dusty places and cigarette smoke as this may start you coughing
Rest your voice, do not shout
Use your voice as little as possible

Seek medical attention immediately if you have:

- Any face, neck, throat or chest swelling
- Severe pain in your neck or chest
- A hard time breathing or swallowing
- Blood clots or bright red blood in your sputum
- A fever greater than 38°C or 100.4°F

Did you have sedation?

Yes No

If yes: Your nurse will go over the patient information for Procedural Sedation.

Follow-up

- No appointment needed
- Yes, the specialist will call you
- Yes, call your family doctor for your appointment
- Yes, call the specialist for your appointment

Questions or Concerns:

Health Link BC: 811

(604) 215-2400

Hearing Impaired: 1 866 889-4700

Or, contact your physician

In an Emergency: Call 911 or go to the hospital emergency room