

# BRONCHOSCOPY

## Discharge Instructions for Bronchoscopy

**RESPIRATORY THERAPY  
SURREY MEMORIAL HOSPITAL  
13750 96<sup>th</sup> Ave.  
Surrey, B.C.  
604-585-5570**

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**AMBULATORY DAYCARE  
SURREY MEMORIAL HOSPITAL**



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# Bronchoscopy

Bronchoscopy is an examination of the major air passages to the lung. It is a very safe procedure which carries little risk.

The Respiriologist has used the bronchoscope, or “scope” to directly visualize your vocal chords, trachea (or windpipe), and major air passages in your lungs. He or she was looking for changes in those areas which may help to diagnose the reason for your cough, abnormal chest x-ray or coughing up of blood. The Respirologist will have taken “samples” of your lung tissue and these samples will be sent to the laboratory for analysis. If you have inhaled a foreign object, ie: peanut, denture parts, pins etc., the Respirologist will have used a special grasping device to remove it.

## **What Can You Expect After the Bronchoscopy and When You Go Home**

Your balance may be affected due to the medication you have received.

You should go home and rest for the rest of the day.

You may have a sore throat or hoarse voice for 24-48 hours.

You may have pink-tinged sputum for 24 hours.

You can resume your normal diet.

You can continue with your regular medications (including inhalers if you use them).

**DO NOT** Drive until tomorrow morning.

**DO NOT** Consume alcoholic beverages for the next 24 hours.

**DO NOT** make any major decisions, or sign any legal documents until tomorrow.

## **IF YOU HAVE ANY PROBLEMS OR CONCERNS:**

### **IF YOU EXPERIENCE:**

- Severe pain in neck or chest
- Significant shortness of breath
- Blood clots or fresh (bright red) blood in your sputum
- Fever and/or chills

\*\* Contact your Respirologist at 581-6127

\* If unable to contact your Respirologist, report to the NEAREST Emergency Department

**\*\* PLEASE BRING THIS PAPER WITH YOU TO THE EMERGENCY DEPARTMENT.**