Substance Use Services

Free one-on-one counselling

We offer in-person and virtual one-toone counselling for people who:

- Are at least 19 years old
- Live in Burnaby
- Want to change their relationship to substances OR
- Are impacted by the substance use of a friend, family member, or significant other

Intake and drop-in hours

Mondays and Wednesdays 9:00 a.m. to 11:30 a.m.

Tuesdays, Thursdays, Fridays 1:00 p.m. to 3:30 pm

You can book an appointment for times outside of these hours.

Drop-in times may change based on the staff we have available. Please call us if you would like to confirm availability before coming.

fraserhealth.ca

This information does not replace the advice given to you by your health care provider.

No referral is needed

You do not need a referral. All you need to do is come to our office in Highgate Village Shopping Centre or call during drop-in hours to request support.

Location

Highgate Village Shopping Centre #320 – 7155 Kingsway, Burnaby

For more information

You can call us at:

604-777-6870

Visit our webpage at: www.fraserhealth.ca/bsus



