## **My Information Care Card Number: Other Medical Conditions: Allergies: My Contact Person and Phone Number:** \* CARRY A MEDICATION LIST

## Can I Still Travel now that I'm on Hemodialysis?





Better health.
Best in health care.



## Yes, you can travel when you are on Hemodialysis!

Travelling means more planning.

- ✓ Start planning 6 12 months before your trip.
- ✓ Find out the name of the dialysis center you
   will need to go to (we can help!).
  - OR -
- ✓ Look up Dialysis

  Centres (go to:

  www.globaldialysis.com).

- ✓ You might need to pay for your dialysis treatments. Please check with the dialysis center you are traveling to.
- ✓ You can apply to get some of the money back.
- ✓ You might need extra health insurance, especially if you leave Canada.

✓ Ask for the TravelPackage in the unit.

