



**Choice in Supports
for
Independent Living
(CSIL)**



What is **Choice in Supports for Independent Living**?

Choice in Supports for Independent Living (CSIL, say *see-sul*) is an option for people with a physical disability and high intensity care needs.

If eligible, the person receives money directly from Fraser Health to become a CSIL employer. This money is used to hire, train, and supervise their own caregivers (like running a small business).

People who cannot act as a CSIL employer on their own must form a client support group or name an individual through a Representation Agreement to act as the CSIL employer.

The CSIL employer must sign a contract with Fraser Health to use the money to meet the person's high intensity care needs.



We determine how much money is needed to support the client's high intensity needs. To guide the funding, we use the CSIL 'Categories of Need Guidelines' and 'Time Task Analysis' (TTA) from the Ministry of Health.

What are 'high intensity' care needs?

These are care tasks that community health workers are not trained to provide.

Example tasks include:

- in and out urinary catheterization
- tube feeding
- tracheostomy care

Who is eligible for CSIL funding?

The person might be eligible for CSIL if they:

- ✓ has been assessed as needing home support services as part of their care plan
- ✓ has a **physical disability** and **high intensity care needs**
- ✓ has high intensity care needs that can be met by the CSIL program and its resources
- ✓ has **agreed to pay the 'assessed client rate'**
- ✓ can safely coordinate and manage as a CSIL employer

Are there any other costs?

The person is expected to pay the Home Support rate while using the CSIL program. This is the 'assessed client rate'.

How does someone apply for CSIL?

To apply for CSIL:

- Review the 4 online workbooks that outline what is needed to apply as well as what it means to be a CSIL employer.

To get to these workbooks:

- Go to the Spinal Cord Injury BC site (sci-bc.ca). Under 'Resource Centre', choose 'Choice in Supports for Independent Living'
- Use this link bit.ly/2K3RM5I
- scan this QR code to get to the workbooks.



- Agree to a Community Care professional completing a Home Health Assessment.

The image shows a screenshot of a form titled "Minimum Data Set Home Care (MDS-HC) Consent Version". The form is divided into several sections, including "A. PERSON INFORMATION", "B. HOME CARE SERVICES", "C. SUPPORTS", and "D. CONSENT". Each section contains various fields for data entry, such as checkboxes, text boxes, and dropdown menus. The form is designed for use by community care professionals to assess and document home care needs and consent.

- If the Community Care professional feels the person might be eligible, they ask the CSIL Team to review the Home Health Assessment and determine if the person is eligible.

If we decline the person, we send a letter explaining why the person is not eligible.

If we determine the person is eligible, we:

- meet with the person
- do further assessments
- start the application process

It can take about 3 months to complete the application process.



CSIL Resources

Spinal Cord Injury BC

bit.ly/2K3RM5l

Canada Revenue Agency

www.cra-arc.gc.ca

Employment Standards Act and Regulations

www.labour.gov.bc.ca/es

Employment and Business Information

www.smallbusinessbc.ca

WorkSafeBC

www.worksafebc.com

Register as a Client Support Group www.bcregistry.ca/societies

Complete a Representation Agreement

- My Voice – Expressing My Wishes for Future Health Care Treatment bit.ly/10q9bhU
- Nidus Personal Planning Resource Centre and Registry www.nidus.ca

Home and Community Care Policy Manual,
BC Ministry of Health

bit.ly/2l1dv1m

www.fraserhealth.ca

This information does not replace the advice given to you by your healthcare provider.

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To order: patienteduc.fraserhealth.ca