

Chilliwack General Hospital Day Care Surgery Discharge Instruction Sheet

CIRCUMCISION

Description: A circumcision is the surgical removal of the foreskin of the penis when it is wrapped too tightly around the tip of the penis and it cannot be retracted easily.

Special Care: There are no sutures to remove, the ones that are present dissolve.

Diet: Resume your normal diet.

When to Call Your Family Doctor or Surgeon: If you have difficulty passing your urine or notice foul smelling urine.
If there is a significant amount of bleeding. A small amount of bleeding is normal
If you have foul smelling discharge from the incision line.
Some swelling and bruising is normal. If it continues to increase and is causing a lot of pain.
If you develop a fever, or if the pain is not controlled by pain medication.

Pain Control: Pain should be minimal to moderate. If you were not given a prescription for pain killers, adult/children Tylenol is available without a prescription. If it is not effective, notify your family Doctor or Surgeon.

AVOID ASPIRIN OR ASPIRIN PRODUCTS

Activities: You should get plenty of rest and remain quiet in the house for the first 24 hours. Then you may resume your normal activities as tolerated. You may shower or bathe in 2 days.
Ask your surgeon about resuming specific sport or activity.
You may return to work in _____ days.

Medications: (___) Prescription written.

Special Instructions: _____

Follow up: See Dr Goodman at _____ in _____ weeks.
Phone 604-792-6512 for a specific time.

CALL YOUR FAMILY DOCTOR OR SURGEON IF YOU HAVE ANY PROBLEMS