

Name: _____

What can I expect?

- You will have some stitches that will dissolve
- You will have a gauze dressing with Vaseline
- Your incision will be red and tender at first
- A scab will form on the incision

What should I do when I go home?

- Leave the dressing on for 24 hours
- If the dressing falls off do not put it back on
- A scab will form on the incision line
- The scab will fall off in 7 to 10 days

Do not pull the scab off because you could cause bleeding and infection
Do not have a tub bath for 2 days
Do not have sexual intercourse for 1 week

What if I have pain?

- You may take over-the-counter medicine such as acetaminophen (Tylenol) and ibuprofen (Motrin, Advil) unless your doctor or nurse tells you not to
- Be sure to follow the directions on the medicine bottle
- Your doctor or nurse will tell you when to start taking pain medicine

Contact your surgeon or family doctor if you:

- Cannot pass urine after 8-10 hours
- Have a fever of 38°C (100.4°F)

Questions or Concerns:

Health Link BC: 811
(604) 215-2400
Hearing Impaired: 1 866 889-4700
Or, contact your physician

In an Emergency: Call 911 or go to the hospital emergency room