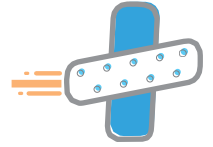


Clinical Pharmacist

Port Moody Urgent and Primary Care Centre



Why am I seeing a clinical pharmacist?

We would like you to see our clinical pharmacist because:

- ☐ You are taking a number of medicines.
- ☐ You have one or more long-term health conditions and need medicines adjusted.
- ☐ You are having unwanted effects from your medicine(s).
- ☐ You have problems taking medicines.
- ☐ You have questions about your medicines.

What is a clinical pharmacist?

Most people know about the pharmacist at the drugstore. Our clinical pharmacists are pharmacists with added education. They are specialists in reviewing medicines and knowing how the medicines work in health conditions. Our clinical pharmacist makes sure people are taking:

- the medicines they need
- the medicines that work for them
- the right amount of each medicine
- the right mix of medicines



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How does the clinical pharmacist work with my health care team?

Our clinical pharmacist:

- ✓ Works directly with your family practitioner*
- ✓ Works closely with your pharmacist who fills your prescriptions at the drugstore

*Family practitioner refers to either a family doctor or nurse practitioner

What to bring with you to your visit?

Please bring all the medicines you are currently taking.

Please bring your medicines in their original containers or packaging.

Medicines to bring	Examples
Prescription medications	Medicines ordered by your family practitioner* with a prescription and supplied by a pharmacy. Includes pills, patches, inhalers, injections, creams, and eye drops.
Medicine samples	Medicines given to you by family practitioner* or other doctors.
Over-the-counter medicines	Medicines you buy without a prescription, such as laxatives, antacids, and painkillers.
Vitamins and Minerals	Such as multivitamins, vitamin B, vitamin D, iron, magnesium
Herbs	Such as St. John's Wort, glucosamine, and ginkgo
Diet supplements	Pills and powders
Natural remedies	Such as homeopathic and naturopathic products
Medical cannabis	CBD and THC oil

What can you expect to happen during your visit?

During your first visit, the clinical pharmacist might ask questions about:

- your health, health goals, medicines, diet, alcohol use, and drug use
- any unwanted effects of medicines
- problems taking medicines
- cost of medicines
- any questions you have about your medicines

Together, we make a plan for your medicines that will work with you and your life. Depending on the plan, you might have added appointments.

If you don't speak or understand English well enough to have medical conversations, we can arrange a professional medical interpreter for your visit.