

Comfort Care in Assisted Living

Supporting a Person at End of Life: What to bring

To make sure the person feels as comfortable as possible, you might be asked to bring in these items:

- unscented body lotion
- unscented soap
- 3 or more extra bedsheets
- 2 small pillows for placing between knees and ankles
- 3 to 4 soft washcloths to use each day
- mouthwash (alcohol-free) or carbonated water for mouth care
- loose-fitting or larger-sized clothing
- small personal fan
- music player
- positioning sheet - available online and at medical supply stores
- foot cradle or blanket lifter to lift blanket weight off feet – available online and at medical supply stores

A community health nurse can provide these items if needed:

- water-based lubricant for mouth, lips and nostrils
- mouth swabs
- incontinence briefs with side tabs
- incontinence bed pad or soaker pad

If you or another caregiver is staying overnight or longer, you might want to bring these items:

- extra pillow and blanket
- tooth brush and tooth paste
- eye glasses and hearing aid
- cell phone, charger, and ear buds
- comfort items such as slippers and a robe
- reading materials, puzzles, notebook, pen or pencil
- hand sanitizer

Please talk to the staff about bringing in any of these items:

- food and drinks
- mattress or travel bed