

Other supports

Ongoing medical care

You continue to see your regular family practitioner for your day-to-day medical needs. If you do not have a regular family practitioner, our Abbotsford Urgent and Primary Care Centre can help.

100-2692 Clearbrook Road, Abbotsford
604-870-7557

In the home

There are a number of options available to help you depending on what you might need. This can include help with doing every day activities (such as bathing and dressing), managing medicines, and/or arranging for personal care equipment.

Call our Home Health Service Line for more information.

1-855-412-2121

Advance Care Planning

Advance Care Planning helps you have a say about the health care you would like to receive if you get very sick and cannot speak for yourself. We have resources to help you.

Call or email for more information.

1-877-825-5034

advancecareplanning@fraserhealth.ca

What if I need to cancel my appointment?

If you need to cancel or reschedule your appointment, call the Heart Function Clinic right away.

604-854-2161

The sooner you let us know helps the nurse practitioner use that time for another person.

Contacts

My community nurse practitioner is:

Phone: 604-851-4700 ext. 646830
Hours: Monday – Friday
7:00 a.m. to 3:00 p.m.

My family practitioner is:

Phone:

Heart Function Clinic
Abbotsford Regional Hospital and Cancer Centre
2nd Floor Sumas, 32900 Marshall Road
Abbotsford, BC V2S 0C2

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This information does not replace the advice given to you by your health care provider.

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To order: patienteduc@fraserhealth.ca

Community Nurse Practitioner

Supporting People
with Heart Failure

Abbotsford ♦ Mission

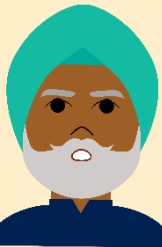




Ling lives on her own. She is not sure which foods can help with her heart condition.



Alison frequently has shortness of breath. She is homebound and keeps calling 911 so that she can go to the hospital. She often ends up in the Emergency Department for help.



Gurpreet is bothered with swelling in his legs. He needs medicine to manage this, but does not have a regular family practitioner.

Our **nurse practitioner** helps people like Ling, Alison, and Gurpreet to manage their heart failure and get the health care services they need.

You can also get health care services from our nurse practitioner if you:

- ✓ live in Abbotsford or Mission and
- ✓ have congestive heart failure (CHF)

We are here to help you, especially if:

- You are homebound.
- You are going home from the hospital after needing care for your heart condition.
- You need support at the end-of-life.

For people with appointments at the Heart Function Clinic, our nurse practitioner can see you in your home if you are homebound and cannot travel to the clinic.

What is a nurse practitioner?

A nurse practitioner is a healthcare provider who can:

- Assess, diagnose, and treat a variety of health concerns.
- Order and interpret tests.
- Prescribe medicines.
- Consult with and refer to other healthcare providers when needed.
- Provide a wide range of care services to people at every stage of life.
- Teach you (and your family) about wellness as well as how to manage new and ongoing health concerns.

What happens during a visit?

Our nurse practitioner will:

- Spend between 30 and 60 minutes with you at home or in clinic.
- Do a physical exam.
- Explain any test results.
- Review your medicines.
- Explore with you ways to manage your heart failure.

What else can the nurse practitioner help with?

The nurse practitioner can also help you:

- Adjust to being at home.
- Find a regular family practitioner to look after your day-to-day medical needs, if you do not have one.
- Connect with a heart specialist to look after your heart health, if you need one.
- Connect with community resources and services that you might need.
- Plan for your future care (called Advance Care Planning).

Family practitioner:

A doctor or nurse practitioner who can look after day-to-day medical care needs.