

Name: _____

Going home after your cone biopsy

- Your cervix needs 3 weeks to heal
- Do not put anything into your vagina for 3 weeks

This means:

No tampons No douching No sexual intercourse
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- Shower only, do not take a tub bath for 48 hours
- You may have some dark or bloody vaginal discharge with some odor that lasts up to two weeks
- Some patients have no discharge at all

A few days after the cone biopsy you may pass some packing. This looks like a dark "lump" followed by a small amount of bright red bleeding.

You should call the doctor if you have....

- Bright red bleeding more than a normal period
- Heavy bleeding on and off
- Bleeding with clots
- Severe cramps or pain
- Have a fever over 38° C or 100.4° F
- Discharge from your vagina has a bad smell
- Severe stomach cramps that pain medicine does not help

What if I have pain?

- You may have some mild cramping like menstrual pain
- You may take over-the-counter medicine such as acetaminophen (Tylenol) and ibuprofen (Motrin, Advil) unless your doctor or nurse tell you not to
- Be sure and follow instructions on the medicine bottle

Follow-up Instructions:

Other:

Questions or Concerns:

Health Link BC: 811
(604) 215-2400

Hearing Impaired: 1 866 889-4700
Or, contact your physician

In an Emergency: Call 911 or go to the hospital emergency room