

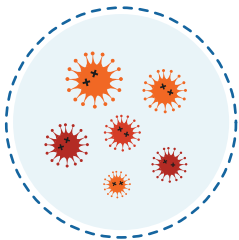
CARPOOLING DURING COVID-19

If you **must** ride in a vehicle with people not in your household, here are some ways to reduce the spread of COVID-19.



BEFORE THE CARPOOL TRIP

Complete a COVID-19 health check. Ask everyone traveling with you to do the same.



Do not travel with anyone who has symptoms of COVID-19.



Do not ride in a vehicle with anyone who has traveled outside of Canada within the last 14 days.



Do not travel with anyone Public Health has told they are a close contact of someone with COVID-19.



Do not travel with anyone told to self isolate by Public Health.



Ride with the same people to reduce contact with others.



Put on a mask before getting into the vehicle.



Wear a mask all times while in the vehicle. Do not remove the mask to eat or drink.



Make sure your mask covers both your nose and mouth.



Have hand sanitizer and tissues available for everyone to use.



Make sure all passengers cover their coughs and sneezes correctly.

 **Keep as much distance between passengers as possible:**



Restrict seating to **one person per row.**



The driver should be alone in the front. Passengers sit on opposite sides of the vehicle.

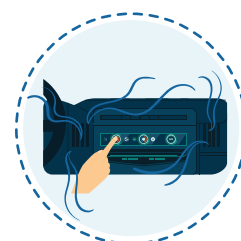
DURING THE CARPOOL



Limit how much time you are in a vehicle with others. Travel directly to your destination, **no side trips or stops along the way.**



Open driver and passenger windows to get fresh air.



Set the air vents to bring in fresh outside air. **Do not recirculate the air.**

AFTER THE CARPOOL TRIP



Clean your hands with hand sanitizer or soap and water as soon as you leave the vehicle.



Clean and disinfect commonly touched surfaces in the vehicle every day.



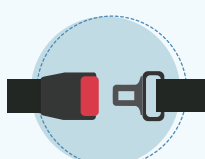
Clean your hands after cleaning and disinfecting the vehicle.

Commonly touched surfaces that need to be regularly disinfected

Examples of commonly touched surfaces:



Door handles



Seat belt and buckles



Car seats



Seats and arm rests

Use cleaning products approved by Health Canada

Examples of approved cleaning products:



Microban®



Zep®



Fantastik®



Clorox®



Lysol®

AT WORK



If you are carpooling with someone you work with, tell your employer.

Your employer may use this information for their **COVID-19 safety plan**.



If anyone in the carpool tests positive for COVID-19, **everyone who was in the carpool could have to self-isolate.**



If people share vehicles during the workday, clean and disinfect the vehicle between each shift.



If you are contacted by Public Health, please tell us:



When you carpoled (the dates).



Who was in the vehicle with you.

RESOURCES

A QR code (short for 'quick response' code) is a type of barcode that you scan with your smart device's camera. Once scanned, it takes you to that web page.

