

Emergency Department Phone numbers

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| Burnaby Hospital | 604-412-6162 |
| Eagle Ridge | 604-469-3125 |
| Ridge Meadows | 604-463-1819 |
| Royal Columbian | 604-520-4283 |
| Surrey Memorial | 604-581-2211 |

www.fraserhealth.ca

This information does not replace the advice given
to you by your healthcare provider.

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To order: patienteduc.fraserhealth.ca



Cystoscopy

Ridge Meadows Hospital



After Your Cystoscopy

Your urine may be blood tinged for up to 48 hours.

You may feel the urge to urinate even though your bladder is empty.

You may feel a burning sensation when urinating.

If you continue to have trouble urinating, try sitting in a warm bath.

Drink plenty of fluids.

- Drink a large glass of water (or juice if you do not have diabetes) every hour until bedtime.

Note: Cranberry juice is suggested.

- Try to avoid caffeine.

NOTE:

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If You Have...

- A large amount of bleeding or passing clots from your bladder.
- Difficulty in urinating after 12 hours.
- Fever or chills.

► Contact Your Doctor

If you cannot contact your doctor, go to the closest Emergency Department.

Doctor's Appointments:

Additional Instructions
