

Developmental Disabilities Mental Health Services

Port Coquitlam office

Phone: 604-777-8475

Fax: 604-461-2189

207 - 2248 Elgin Avenue

Port Coquitlam, B.C. V3C 2B2

Serves residents of:

Abbotsford	Hope
Aldergrove	Langley
Boston Bar	Mission
Chilliwack	Surrey
Delta	White Rock

Burnaby office

Phone: 604-918-7540

Fax: 604-918-7550

L50 - 4946 Canada Way

Burnaby, B.C. V5G 4H7

Serves residents of:

Bella Bella	Powell River
Bella Coola	Richmond
Burnaby	Sechelt
Maple Ridge	Squamish
New Westminster	Tri-Cities
North Vancouver	Vancouver
Pemberton	West Vancouver
Pitt Meadows	Whistler

Funding Partners:

- Ministry of Children & Family Development
- Vancouver Coastal Health

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Promoting well-being and quality of life

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www.phsa.ca • www.vch.ca

This information does not replace the advice given to you by your healthcare provider.

May 2022

FH Catalogue #255771
VCH Catalogue #JB.560.D48



We assess, treat, and educate

youth and adults who live with intellectual disabilities and a mental illness. The person might also struggle with complex behavioural challenges.

We work with the person and their support network for up to 18 months. We do this so they can get the most from our services and have a long-lasting recovery.

For many people, recovery is a way of living a satisfying, hopeful, and productive life even within the limits of their mental illness.

For others, it means reducing the effects of the mental illness or having the signs of mental illness go away completely.*

*Source: Mental Health Commission of Canada. (2006). *Out of the Shadows at Last: Transforming Mental Health, Mental Illness and Addictions Services in Canada.*

We serve people who:

- ✓ are 12 years or older
- ✓ have an intellectual disability
- ✓ are experiencing mental health concerns and/or complex, challenging behaviours
- ✓ live in Fraser Health or Vancouver Coastal Health regions

Once accepted into our program, we assess and treat mental health conditions and complex, challenging behaviours. We create a plan of care for each person. This could include therapy, medicine, education, and referral to other care services.

Our other services and supports

might also include:

- group therapy sessions
- advice for family doctors, nurse practitioners, and other health professionals
- education for support networks
- support for community services

To get our services, it depends on the age of the person needing help.

For people 19 or older, any of these people can ask for our services:

- persons with intellectual disabilities
- families, caregivers, other support persons
- Community Living BC staff
- family doctors, nurse practitioners
- health professionals in hospitals and mental health centres

For youth 12 to 18 years of age, the request must come through the *Child and Youth with Special Needs Program* in the Ministry of Children and Family Development.

Expect us to ask for the following:

- ✓ A completed referral form
- ✓ A copy of a recent physical exam
- ✓ Approval from the family doctor or nurse practitioner
- ✓ A completed psychological testing (only for youth)