

**I think I'm being
followed or watched**

**I hear voices
and no one is there**

**I find
hidden
messages**
aimed at me on
TV, the radio and
internet

**I think there's a
plot against me**

**I go
days with no sleep
but feel totally energized**

**I believe I have extra
special abilities
or powers**

**Sound
familiar?**

find out what's up

