

Learn about easier access to health care

Primary Care Services:

Your first point-of-contact with the health care system via your doctor or nurse practitioner.



Urgent and Primary Care Centres:

When you need same-day care for urgent, non-life-threatening injuries or illnesses, but don't need the emergency department.



Fraser Health Virtual Care:

When you need to speak with a registered nurse and can't contact your doctor or nurse provider.



Mental Health and Substance Use Support:

When you or someone you know needs mental health and substance use services.

