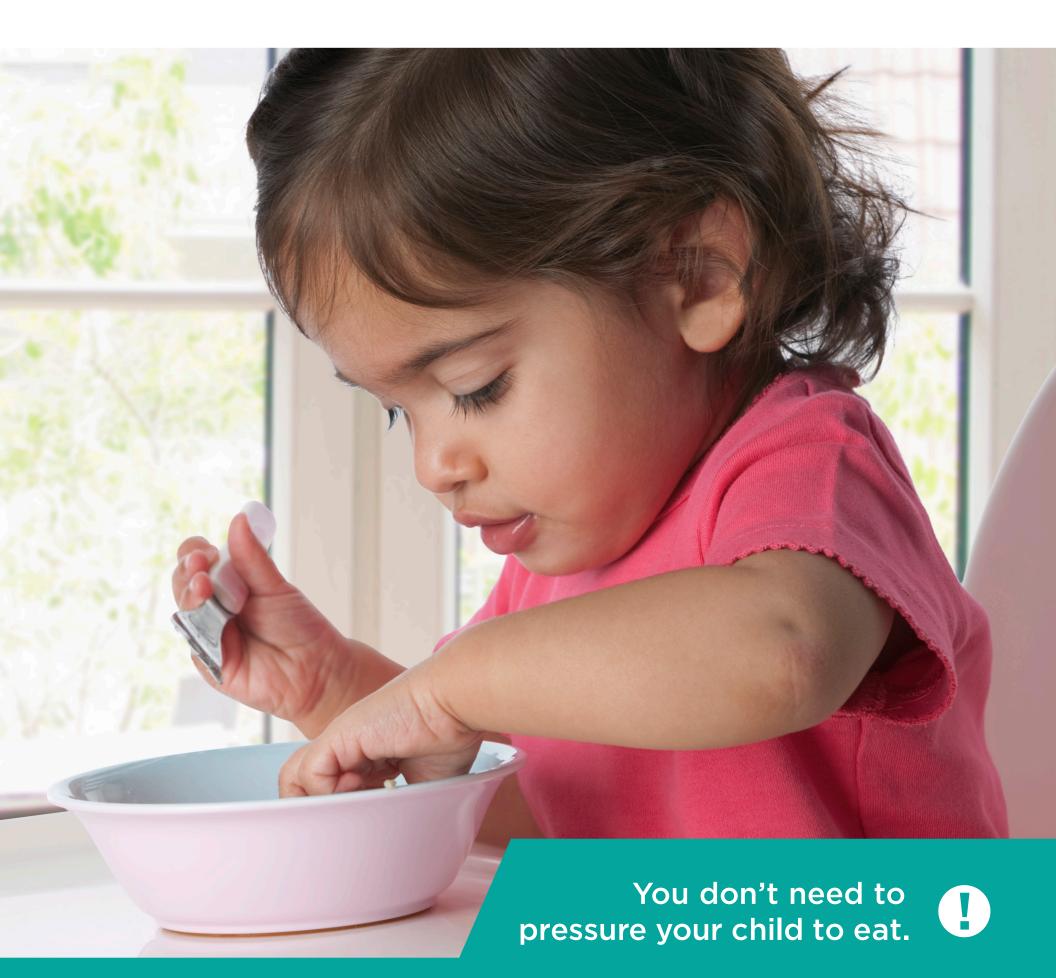
## Kids naturally know how much food their body needs.

Trust your child to know how much to eat.



## fraserhealth.ca/feedingyourchild

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