## Do I need an appointment?

Please call before coming to the Edmonds Urgent and Primary Care Centre. Tell us about your health needs so we can determine how best to help you.

# What if I don't have a family doctor?

We will help connect you with a local family practitioner.

## Please note:

We do not have these services on-site:

- x-ray, ultrasound, medical imaging, or CT scanning
- laboratory services

We cannot offer any intravenous therapy.

We do not have narcotics (opioids) onsite.

We will not give prescriptions for narcotics or tranquilizers (benzodiazepines).

#### Please note:

For people who walk-in, we are not able to complete medical forms, such as for Persons with Disability (PWD) and private insurance. We need to know a person for at least 3 months before we can complete these types of forms.

## Where to find us:

201 – 7315 Edmonds Street Burnaby



Expect us to treat you and your family with compassion, dignity, and respect, without discriminating in any way.

#### www.fraserhealth.ca

This information does not replace the advice given to you by your healthcare provider.



# Edmonds Urgent and Primary Care Centre

Monday to Friday 5:00 p.m. to 9:00 p.m.

2:00 p.m. to 8:00 p.m.

Sunday and Statutory Holidays 12:00 p.m. to 6:00 p.m.

604-519-3787

For more information online fraserhealth.ca/urgentcare

## What is the difference?

## **Urgent and Primary Care Centre**

## is for people who:

- might normally go to a family doctor (or nurse practitioner) or walk-in clinic in their community with a health concern but can't get in to see one, and
- need medical care within 12 to 24 hours and it is not an emergency

A member of our team will work with you to address your care needs. We assess all patients when they arrive. We decide who to see first based on the urgency of care they require.

## **Examples of when to use the Urgent and Primary Care Centre:**

- cough and/or cold
- cuts, wounds, or skin conditions
- infections such as chest, ear, and bladder
- mild back pain
- sprains and strains
- fever
- nausea, diarrhea, constipation
- prescription refills except not for narcotics or benzodiazepines

## **Emergency Department**

## is for people who:

- ✓ are experiencing a health crisis
- √ have a serious illness or injury
- ✓ need medical care right away

## Some examples of when to use the Emergency Department:

- chest pain
- trouble breathing or short of breath
- any kind of bleeding that does not stop
- suspected stroke
- overdose or poisoning
- mental health crisis
- broken bones / dislocated joints
- new prescriptions for antidepressants, anti-anxiety, or anti-psychotic medicines

# What services does Urgent and Primary Care Centre offer?

We offer a team-based approach tailored to your specific need for care. You see the healthcare professional who can best support your health needs. This might include referring you to other resources in the community.

#### Our care team includes:

- doctors and nurse practitioners
- registered nurses
- clinical counsellors and social workers
- pharmacists

For people with mental health concerns, we can offer short-term counselling (3 to 6 sessions) to help you create goals and make a plan to work through issues.

## Not sure where to go?

## **Call Fraser Health Virtual Care**

• Speak with a nurse from 10:00 a.m. to 10:00 p.m., 7 days a week

## Call 8-1-1

- Speak with a nurse anytime of the day or night.
- Speak with a pharmacist from 5:00 p.m. to 9:00 a.m., 7 days a week.

  HealthLinkBC is available in 130 languages. For an interpreter, say your language in English.

  Wait until an interpreter comes on the phone.

**Call the Urgent and Primary Care Centre** 

604-519-3787

1-800-314-0999

Health Link BC