

How does my healthcare team know who my essential care partners are?

We will ask you if you have any essential care partners.

Let us know all of the following:

- your essential care partners names
- how you want them to take part in your care
- how you want them to help with deciding about your care

It's your choice how your essential care partners help you. At any time, you can change who your essential care partners are and how they take part in your care. Just let us know of the change.

If you have more than one essential care partner, please choose one of them to be your main contact. This person will be the main contact for us, other essential care partners, and others who care about you. They make sure key information is shared with all.

My notes



Essential Care Partners

Important members of your healthcare team



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For the people we serve



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This information does not replace the advice given to you by your healthcare provider.

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What are essential care partners?

Essential care partners are people who matter most to you. You might know them as your support person, caregiver, partner in care, or natural support.

Essential care partners can be family members, partners, spouses, friends, caregivers, and community health workers.

Essential care partners are important members of your healthcare team.

It's your choice if you would like to have essential care partners and who you want them to be. You can have more than one essential care partner.

When can my essential care partners be with me?

Essential care partners are welcome 24 hours a day.

Let us know when you would like your essential care partners to be with you.

We will let you know if there are any limits to essential care partners because of safety.

We will work with you and your essential care partners to make sure you stay connected.

What can my essential care partners do?

You decide how you want your essential care partners to take part in your care.

It's your choice.

Your essential care partner can help in any of these ways:

- Help you with eating, bathing, getting dressed, or going to the toilet.
- Provide you with emotional or spiritual support.
- Help you decide about your care or treatments.
- Learn with you about your care and treatments.
- Help you share with us who you are and any past history that would be important to your care.
- Help you talk with us about:
 - What is important to you
 - What you want or need
 - Any food or medication allergies
 - Any recent changes in your health



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How are essential care partners different from visitors?

Visitors are not considered members of your healthcare team. They do not take part in your care or help you decide about your care.

How can essential care partners keep myself and others safe?

Your essential care partners should stay home if they are sick.

They should always clean their hands before and after visiting. They can use either soap and water or alcohol-based hand sanitizer.

They can wear a mask if they wish. There might be situations where masks are needed. We will let them know if a mask is needed.