

Families and Babies Program

Surrey Memorial Hospital

This program offers follow-up care to mothers / birthing parents and their babies by a midwife for up to 4 weeks after the birth.



Midwives provide both after-birth medical care and support with newborn feeding.

You could qualify for this program if both you and your baby are ready to go home after the birth, whether you deliver by caesarean section or vaginally.

How does this program work?

Each morning, we identify the mothers / birthing parents and their babies who could be ready to go home within 24 hours of the birth and who would benefit from this program.

If you and your baby qualify, the midwife visits you in your hospital room. They review the program with you so that you can choose whether or not you wish to take part.

If you agree to take part, the midwife will assess both you and your baby before releasing you to go home. Before you leave, they will give you the dates of the appointments for both at home and in our clinic.

How often is the follow-up care offered?

24 hours after birth	2 days after birth	4 days after birth	1 week after birth	2 weeks after birth	4 weeks after birth
Released from hospital	Home visit by the midwife	Home visit by the midwife	Appointment at Children's Health Centre, Surrey	Appointment at Children's Health Centre, Surrey	Appointment at Children's Health Centre, Surrey Transfer medical care back to family doctor or nurse practitioner

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What can I expect from this program?

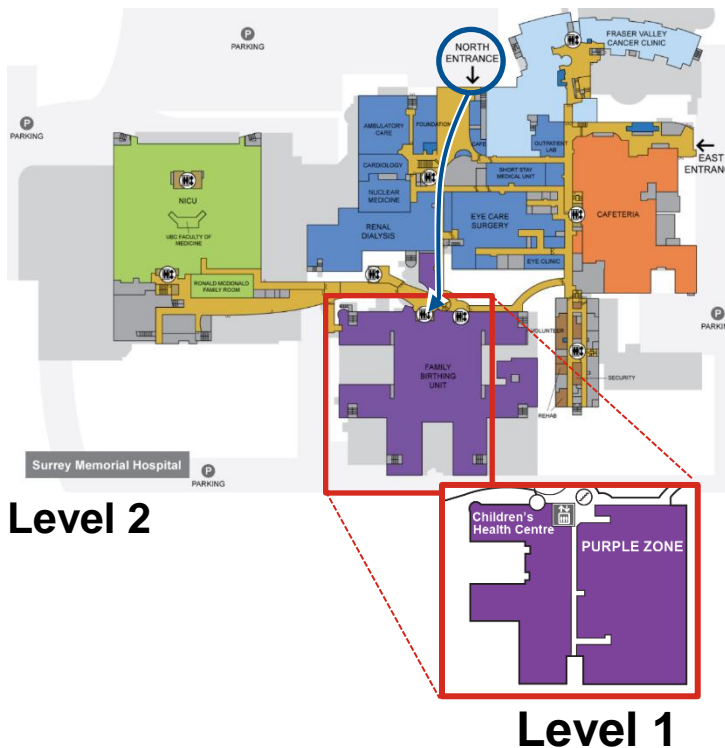
• Home visits on Day 2 and Day 4

A midwife calls in the morning to let you know what time they will come to your home. They do this so they can choose a time that allows them to see you and other new parents in your area.

• Clinics visits in Week 1, 2 and 4

All appointments are at Surrey Memorial Hospital in the Children's Health Centre. The Centre is in the same building as the Family Birthing Unit, on Level 1.

Hours: 3:30 p.m. to 6:00 p.m.
Monday to Friday,
including statutory holidays



What can I expect the midwife to do?

The midwife does each of these activities during the visits in your home and at the clinic.

- Talks with you about your general well-being, your mood, how you are healing, and how you are managing any pain.
- Takes your blood pressure.
- Checks how you are healing.
- Checks your belly to make sure you are healing well.
- Checks your baby's overall health, as well as the healing of the umbilical cord.
- Weighs your baby and checks their growth.
- Checks how you are doing with feeding your baby.
- Provides advice and support with feeding your baby.
- Suggests aids to support feeding if needed.
- Prescribes medicines as needed.

The midwife might order certain tests at a laboratory for you, your baby, or both of you. They might also consult with and refer you, your baby, or both of you to a specialist.

Should you need it, we can help you find a family doctor or nurse practitioner.

Think you might be interested in this program?

Let your doctor and nurses know. They will let our midwives know of your interest.

Have questions about this program?

Call us at 604-953-6251