

# Families and Babies Program



Support for families of new babies born at Surrey Memorial Hospital

Follow-up care by a midwife for up to 4 weeks after the birth.

## How does this program work?

We identify mothers / birthing parents and their babies who could be ready to go home within 24 hours of the birth and who would benefit from this added support.

For those who are selected and agree to take part, a midwife comes to the home 2 times within 4 days of the birth. This is followed by 3 appointments within the 4 weeks after the birth at the Children's Health Centre.

During each visit, the midwife checks the health of the mother / birthing parent and their baby, and offers advice and support as needed.

At the end of the 4 weeks, the midwife transfers medical care back to the person's family doctor or nurse practitioner.

## Does it matter how I deliver my baby?

No. We consider all families for the program.

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## Are you interested?

When you are in the hospital, let the delivery doctor and nurses know of your interest. They will let our midwives know.

Learn more details about the program and supports offered:



Scan the QR code.

Call **604-953-6251**.