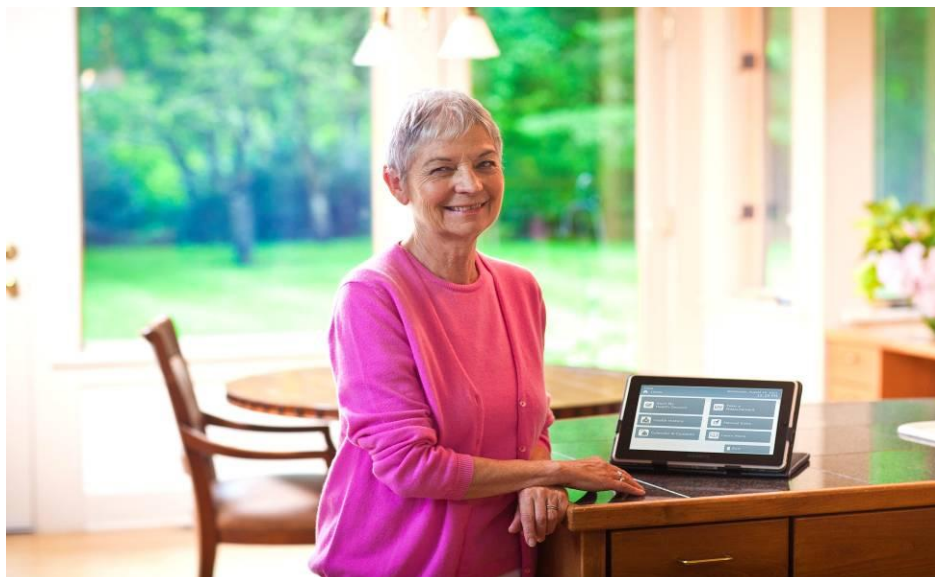


Fraser Health Telemonitoring Equipment



'BreatheWELL at Home' Program



fraserhealth

Better health.
Best in health care.

What is a Telemonitor?

A telemonitor is a device that helps you to manage your health from your home.

What does the device look like?

The telemonitor device is an easy to use tablet and kit that includes a blood pressure monitor and an oxygen monitor.

Telemonitor Tablet



The telemonitor tablet is a small touch screen with large buttons for simple use.

Blood Pressure Monitor



The blood pressure monitor is used to take and record your blood pressure.

Oxygen Monitor



The oxygen monitor measures oxygen in the blood and your pulse rate.

What are the benefits to using the in home tablet?

- Become an active participant in your care.
- Manage your health from home.
- Schedule your health sessions at your convenience.
- Learn to recognize your symptoms earlier.
- Give your care team a clear picture of your health status.
- Foster healthy, independent living.

**For more information, contact your
'Breathe *WELL* at Home' team at this
telephone number:**

Please enter contact information here:

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This information does not replace the advice given to you by your health care provider.

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