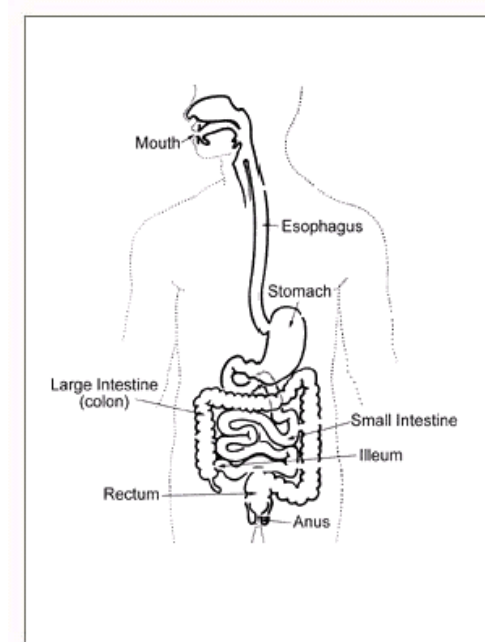


Name: _____



Today you have had a colonoscopy. There are a few things you need to know:

Eating:

You can eat and drink what you normally do, unless your doctor tells you not to

Did you have sedation? Yes No

If yes your nurse will go over the patient information for Procedural Sedation

You may have some discomfort in your stomach:

- You may feel sick to your stomach from the air that was used
- As you pass gas, the discomfort gradually goes away
- Walking and moving helps you to pass gas

Seek medical attention immediately if you have:

- Vomiting and/or severe abdominal pain
- Fever and chills or a temperature over 38° C or 100.4° F
- Chest or stomach pain that does not go away or gets worse
- A large amount of blood in your bowel movement

Did you have a biopsy or polyps removed? Yes No

- If yes, you may notice some blood spots in your bowel movement
- If you still have blood in your bowel movements after 3 days call your doctor

Follow-up:

- No appointment needed
- Yes, the specialist will call you
- Yes, call your family doctor for your appointment
- Yes, call the specialist for your appointment

Questions or Concerns:

Health Link BC: 811

(604) 215-2400

Hearing Impaired: 1 866 889-4700

Or, contact your physician

In an Emergency: Call 911 or go to the hospital emergency room

Special instructions:
