

# **Going Home After ERCP**

Mouth	
Oesophagus	

Pylorus

Name:

## ERCP is short for Endoscopic Retrograde Cholangio-Pancreatography

Today you have had an endoscopy

Duodenum

- During the endoscopy the doctor examined your biliary tract system
- The biliary tract is made up of your pancreas and common bile duct

Please read this information with your nurse to learn how to care for yourself after you go home.

#### Frozen or numb throat:

- If your throat was "frozen" you may find it hard to swallow
- You will stay in hospital until you can swallow
- Before you start to eat or drink, try a few sips of water
- It is normal to have a hoarse voice or a sore throat
- Use throat lozenges or gargling with warm salt water when you are able to swallow
- Ask your doctor or nurse when you can take your usual medications

Did v	ou have	sedation?	□ Yes	□ No
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If yes: Your nurse will go over the patient information for Procedural Sedation

### Stomach or chest discomfort?

- You may feel sick to your stomach from the air that was used
- As you pass gas, the discomfort gradually goes away
- · Walking and moving helps you to pass gas

### Seek medical attention immediately if you have:

- Any face, neck, throat or chest swelling
- Chest or stomach discomfort that does not go away or gets worse
- A hard time breathing or swallowing
- Blood in your vomit
- A Rapid heart rate, weakness or dizziness
- A fever and chills or a temperature over 38° C or 100.4° F
- Black stools that look like tar

Fol	low	-up
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No appointment needed
Yes, the specialist will call you
Yes, call your family doctor for your appointment
Yes, call the specialist for your appointment

#### **Questions or Concerns:**

Health Link BC: 811 (604) 215-2400 Hearing Impaired: 1 866 889-4700 Or, contact your physician

In an Emergency: Call 911 or go to the hospital emergency room

Special instructions:						