

Halal Diet

Surrey Memorial Hospital and Langley Memorial Hospital

Our Halal diet does not include the following foods:

- pork and pork by-products
- other animals (beef, chicken, turkey, lamb) unless the item is Certified Halal
- alcohol

We review the ingredient list of all other menu items. Food containing the following Haram (forbidden) or Mushbooh (suspected or doubtful) ingredients are not included in our Halal diet:

- Collagen
- Gelatin
- Lard
- Lecithin
- Modified milk ingredients*
- Pepsin
- Poly-sorbates
- Rennet
- Vanilla extract
- Whey*

The following, if they are from an animal or unknown source:

- Enzymes
- Lipase
- Mono and di-glycerides*
- Shortening

*Included only if the item is Certified Kosher.

Fraser Health kitchens are not Certified Halal. All food items are stored and served in the same kitchen.

If you restrict any foods that are not listed above, please ask your nurse to speak to someone from Food Services.

www.fraserhealth.ca

This information does not replace the advice given to you by your healthcare provider.

Catalogue #268434 (January 2024)

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