

Have you checked your skin today?

Remember, transplant medications can increase the chances of getting skin cancer.

Skin changes to watch for:

- An itchy sore or mole
- A sore or mole that bleeds easily
- Changes in the colour of a mole
- A number of colours in a mole
- A mole with uneven or irregular edges
- A sore or mole that is larger than 5 mm
 (¼ inch) across

If you notice any mole growing in size, have it checked as soon as possible.

If in doubt, get it checked!