

Hazardous Drugs and Fluids at Home (Group 2 Drugs) A guide for parents

There are medicines that can be helpful for treating an illness, but can be harmful if it touches your skin. We call these **hazardous drugs**.

I am giving my baby this hazardous drug:

Follow these instructions on how to care for yourself and your baby while they are taking a hazardous drug.

What you will need

| Nitrile gloves – Buy these at any pharmacy or medical supply store. |
|---|
| Medical masks – Buy these at any pharmacy or medical supply store. |
| Medicine syringes – Your pharmacy will give these to you. |
| Cleaning supplies – Wipes, paper towel, soap, laundry detergent |

How to give the medicine

To prepare and give the medicine:

- 1. Put on 2 pairs of nitrile gloves.
- 2. Put on a medical mask Liquid medicine can splash.
- 3. Fill the medicine syringe to the correct amount by pulling back on the plunger while the tip is in the liquid.
- 4. Give your baby the medicine.
- 5. Keep your gloves on.

How to clean up after giving the medicine

- 1. With your gloves still on, pull the plunger out of the barrel of the syringe.
- 2. Hand wash the plunger and the barrel with soap and water.
- 3. Allow the both parts to air dry.
- 4. Take the gloves off and throw them away in a regular garbage can.
- 5. Wash your hands again with soap and water.
- 6. Take off your mask by the ear loops with your clean hands. Do not touch the front of the mask.
- 7. Throw the mask away in the garbage.
- 8. Put the medicine away. Keep it in a place away from food, children, and pets.

Common problems

Medicine gets in the eye:

- Rinse the eye with tap water for at least 15 minutes.
- Call your family doctor.

Medicine has expired or no longer needed:

• Return the medicine to the nearest pharmacy.

Call either number if you have any questions:

Fraser Health Virtual Care 1-800-314-0999

10:00 a.m. to 10:00 p.m., 7 days a week fraserhealth.ca/virtualcare

HealthLinkBC.ca

8-1-1 – Open 24 hours

Available in 130 languages. Say your language in English 3 times. Wait until an interpreter comes on the phone.

www.fraserhealth.ca

This information does not replace the advice given to you by your healthcare provider.