



Helpful Hospice Resources for You and Your Caregivers

There are many resources that you may find helpful. Here are some that we recommend.

- www.virtualhospice.ca

The Canadian Virtual Hospice offers information and support for people dealing with life threatening illness and loss. You can find materials in the **Topics** section on symptoms, providing care, emotional and spiritual health, communication, decisions, financial assistance, and final days.



- www.stlazarus.ca/acaregiversguide

The Order of Saint Lazarus and the Canadian Hospice Palliative Care Association have created **A Caregiver's Guide: a Handbook about End of Life Care**. It has practical information about giving care along with symptom care as life ends. Click on the front cover image to access the online version or email them to order a paper copy.



www.fraserhealth.ca

This information does not replace the advice given to you by your healthcare provider.



Contact your local Hospice Society to:

- Speak to a volunteer or counsellor for support.
- Borrow a book from their lending library.

Local Hospice Societies

Abbotsford Hospice Society

Phone: 604-852-2456

www.abbotsfordhospice.org

Burnaby Hospice Society

Phone: 604-520-5087

<http://www.burnabyhospice.org>

Chilliwack Hospice Society

Phone: 604-795-4660

www.chilliwackhospice.org

Crossroads Hospice Society

Phone: 604-945-0606

www.crossroadshospice.bc.ca

Delta Hospice Society

Phone: 604-948-0660

www.deltahospice.org

Heron Hospice Society

Phone: 604-245-7380

www.heronhospice.org

Langley Hospice Society

Phone: 604 530-1115

www.langleyhospice.com

Mission Hospice Society

Phone: 604-826-2235

www.missionhospice.bc.ca

Ridge Meadows Hospice Society

Phone: 604-463-7722

www.ridgemeadowshospicesociety.com

Surrey Hospice Society

Phone: 604-584-7006

www.surreyhospice.com

White Rock Hospice Society

Phone: 604-531-7484

www.whiterockhospice.org

How to download QR Code software to your phone or tablet

1. Open your mobile app store (App Store, Google Play, Windows Marketplace, etc.)
2. Search for **QR code readers**.
3. Download one of the **QR code reader** apps, open it and you are ready to go.



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