

## Community Outpatient Services Clinic

Clients who are able to leave their home for medical appointments will have care at the clinic.

Clinic visits by appointment only

### Need to cancel?

Please call 24 hours before your scheduled appointment.

## Hours of service

8:00a.m. to 9:00p.m.

7 days a week

### Phone:

604-777-7300

## Clinic Location

220 Brew Street  
Port Moody, BC

7<sup>th</sup> Floor

[www.fraserhealth.ca](http://www.fraserhealth.ca)

This information does not replace the advice given to you by your health care provider.

Catalogue #267867 (January 2023))

To order, visit: [patienteduc.fraserhealth.ca](http://patienteduc.fraserhealth.ca)

## Home Care Nursing

Tri-Cities



Phone: 604-777-7300

700 – 220 Brew Street  
Port Moody, BC  
V3H 0E5



## **Home Visits**

If you are not able to leave your home, a nurse will visit you at your home.

## **Visit times**

Exactly when your nurse comes will vary. You might see a different nurse each visit.

Make sure you are home between 8:00a.m. and 8:00p.m. the days of your nurse visit.

Sometimes we might need to reschedule your visit with short notice.

If you need to cancel, please call 24 hours before your visit.

We will assess you for a clinic visit as your condition improves.

## **What to expect during your home visit**

Please have your supplies ready and your medications available for the nurse to review.

WorkSafeBC requires our nurses to wear their shoes at all times and to not do any manual heavy lifting.

## **Safety**

Your home is our workplace. To make sure our nurses work in a safe and healthy place, we ask you to:

- make sure everyone in the home stops smoking from the time the nurse calls before arriving to after the nurse leaves.
- put all your pets in secure place away from where the nurse will be working.
- turn on your outside lights after dark.
- clear walkways of snow and ice.

## **Supplies and Equipment**

After 2 weeks you will need to purchase your own supplies.

A nurse will give you a list of the supplies to purchase and information about where you can buy them.

If you have concerns about the cost, please talk to your nurse.

## **Self-care**

Your nurse will support you or your caregiver to manage your condition in between nursing visits. This might include learning to care for your wound or drain.

Our goal is to support you to be as independent as possible.