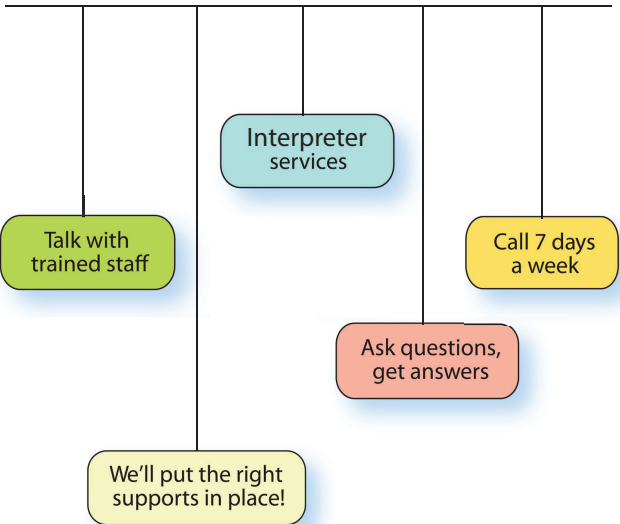


Home Health Service Line

For health care and support at home



Fraser Health wants to make it easy for you to access needed health services at home and in your community.

Home Health Service Line

Anyone can call!

You do not need a doctor's note or referral.

Call us if you have questions such as:

- How can I help my parents stay home safely?
- Can anyone help with personal care?
- What do I do if I feel I can no longer live alone?
- What other services are available in my community?

The **Home Health Service Line** is your way to connect with Home Health Services in your home and community. Experienced staff answer your questions, assess your needs, and refer you to the services you need.

After you call, a **Home Health Professional** contacts you to arrange a **clinic or home visit** to explore further what you might need.

What services does Home Health offer?

- Help with personal care such as bathing, grooming, and toileting.
- In-home health care such as nursing care, physiotherapy, occupational therapy, social work, and more!
- Nursing clinics
- Day programs for older adults
- Caregiver support and respite services

Is there a cost for these services?

- It is **free to call** our Home Health Services Line.
- Our **professional services are free**, such as nursing, physiotherapy, occupational therapy, and social work .
- There is a **cost for personal care services**. How much you pay depends on your after-tax income.

What if I need more help than what Home Health can offer?

If you need help with such things as housekeeping, meals, companionship, or transportation, we can direct you to other community resources.

1-855-412-2121

www.fraserhealth.ca/homehealth