

## Locations for Training

- Royal City Kidney Care Centre  
217 - 610 Sixth Street  
New Westminster
- Abbotsford Community Dialysis Unit  
Unit 10 - 33655 Essendene Avenue  
Abbotsford

## Options to find out more

- Call the number for your community to speak to one of our Nurse Educators.

Burnaby New Westminster Port Coquitlam Coquitlam Port Moody Maple Ridge	604-363-8764
Delta White Rock Surrey Langley	604-365-6258
Abbotsford Mission Agassiz Chilliwack Hope	604-613-9284

- Ask anyone from your healthcare team to refer you to our program. We then arrange to meet with you and give you more information to help you decide if Home Hemodialysis is right for you.

## Online Resources

For both websites, search 'home hemodialysis' or scan the QR code\* to go directly to the page

The BC Provincial Renal Agency

[www.bcrenalagency.ca](http://www.bcrenalagency.ca)



National Kidney Foundation (USA)

[www.kidney.org](http://www.kidney.org)



\*A QR code (short for 'quick response' code) is a type of barcode that you scan with your smart device's camera. Once scanned, it takes you to that web page.



### Home Hemodialysis Main Office

217 - 610 Sixth Street

New Westminster, B.C. V3L 3C2

Phone: 604-549-6308

Fax: 604-549-6311

### Abbotsford Community Dialysis Unit

Unit 10 - 33655 Essendene Avenue

Abbotsford, B.C. V2S 2G5

Phone: 604-870-3303

Fax: 778-856-0388

[www.fraserhealth.ca](http://www.fraserhealth.ca)

This information does not replace the advice given to you by your healthcare provider.

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To order: [patienteduc.fraserhealth.ca](mailto:patienteduc.fraserhealth.ca)



# HOME HEMODIALYSIS

## Dialysis that fits into your life



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## The Benefits of Home Hemodialysis

For your daily life:

- ✓ more control of your own dialysis schedule and time
- ✓ no travel time to and from dialysis units for treatments
- ✓ easier to accommodate for various demands in your life such as work schedules, family life, and student life
- ✓ do more and/or longer dialysis runs in a week to improve health
- ✓ better understanding and awareness of own health and dialysis process

For your health:

- ✓ fewer restrictions to what you eat and how much fluid you drink
- ✓ improved blood pressure
- ✓ better heart health
- ✓ possibly take fewer medications
- ✓ less side effects from dialysis

*We have a variety of people who are working, retired, parents, and university students - all on Home Hemodialysis!*

## Is Home Hemodialysis right for me?

Home Hemodialysis could be right for you if:

- Flexibility in your daily schedule is important to you.
- You lead a busy lifestyle.
- You want to get the best dialysis for your health.
- You want to spend more time with your friends and family.
- You want to do more of the activities you enjoy the most.
- You have flexibility in your home and/or work life to allow for up to 8 to 10 weeks of training.



Hemodialysis at home

## Common Questions

### Is it safe to do dialysis at home?

Yes, doing dialysis at home reduces the chances of infection and improves your health. Training includes safety and troubleshooting. Our Home Hemodialysis team provides ongoing support and regular clinic appointments. Also, technical support is available 7 days a week.

### Is there a cost?

No, we provide your training, dialysis machine, and supplies. The BC Provincial Renal Program pays for any renovations needed to your home. You need enough space in your home to keep all the supplies.

### Do I need to own my home?

No, some people live in rental houses, apartments, co-ops, basement suites, and mobile homes.

### Will I use the same machine as the renal unit?

We currently have 2 types of home dialysis machines (AK96 and Nx Stage). The Home Dialysis doctor decides which machine is the best for you.

### Can I travel?

Yes, but we need to know at least 60 days before. A machine might be available for travel, or you can dialyze at a dialysis unit near to where you are staying (MSP reimburses as long as you send the receipts within 30 days).