

Is Home Hemodialysis right for me?

Home Hemodialysis could be right for you if:

- you want to get the best dialysis for your health.
- you prefer to manage your own time and schedule.
- you value your independence.
- you lead a busy lifestyle.
- you want more time with your family and friends.

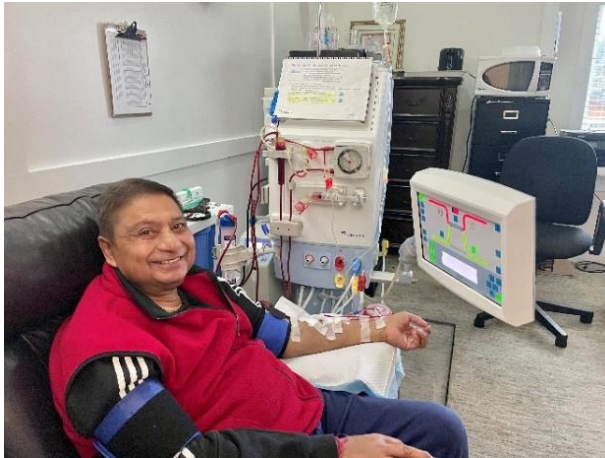


Image by: Fraser Health

We have people who are working, retired, parents, and university students all successfully completing Home Hemodialysis!

Online Resources

For both websites, search 'home hemodialysis' or scan the QR code* to go directly to the page

BC Renal

bcrenal.ca



National Kidney Foundation of Canada

kidney.ca



Home Hemodialysis Main Office

Phone: 604-549-6308

Fax: 604-549-6311

Abbotsford Community Dialysis Unit

Phone: 604-870-3303

Fax: 778-856-0388

www.fraserhealth.ca

This information does not replace the advice given to you by your health care provider

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For more copies: patienteduc.fraserhealth.ca



HOME HEMODIALYSIS



Image by congerdesign from Pixabay

Dialysis that fits into your life



Benefits for your daily life

- ✓ more control of your dialysis schedule and time
- ✓ no travel time to and from dialysis units for treatments
- ✓ more flexibility to accommodate the demands in your life such as work, school and dependents
- ✓ better understanding and awareness of own health and dialysis process
- ✓ fewer diet and fluid restrictions

Benefits for your health

- ✓ more frequent or longer dialysis runs to improve health
- ✓ improved blood pressure
- ✓ better heart health
- ✓ may be able to take fewer medications
- ✓ less side effects from dialysis
- ✓ better understanding of your kidney disease, bloodwork results and weight
- ✓ awareness of your physical symptoms and how to maximize your feelings of wellbeing

Frequently Asked Questions

Is it safe?

Yes, doing dialysis at home is safe and improves your health. Our team gives you training and ongoing support. You will have clinic appointments every 2 to 3 months with your kidney doctor (nephrologist). Technical support is also available 7 days a week.

What if I live alone?

There are people who complete home hemodialysis safely at home on their own. Some people like to have someone with them to help.

Is there a cost?

No, the cost of the dialysis machine, supplies and the home renovation is covered by the BC Renal Program. The renovations can be reversed at no cost if you come off of the home hemodialysis program.

Do I need to own my home?

No, some people live in rental houses, apartments, co-ops, basement suites, and mobile homes. Depending on your situation, the team might require your Landlord's signed approval before they start your training.

Do I need to have a fistula?

Training can be completed with either a fistula or a catheter.

Training Locations

Royal City Centre Dialysis Unit

217 - 610 Sixth Street
New Westminster

Panorama Community Dialysis Unit

55455 152 Street
Surrey

Abbotsford Community Dialysis Unit

Unit 10 - 33655 Essendene Avenue
Abbotsford



Photo credit: BC Renal

Next Steps

- Ask anyone from your healthcare team to refer you to our program.
- We will arrange to meet with you and give you more information to help you decide if home hemodialysis is the right treatment for you.