

Peritoneal Dialysis Units

Abbotsford Regional Hospital and Cancer Centre

Fraser Wing, 4th floor,
32900 Marshall Road
Abbotsford, BC V2S 0C2
604-851-4769

Royal Columbian Hospital

Health Care Centre, 3rd floor
330 East Columbia Street
New Westminster, BC V3L 3W7
604-520-4503

Surrey Memorial Hospital

Charles Barham Pavilion
13750 96th Avenue
Surrey, BC V3V 1Z2
604-953-6212

Want to find out more?

Ask anyone from your healthcare team to refer you to our program. We will meet with you and give you more information to help you decide if Peritoneal Dialysis is right for you.

Online Resources

For both websites, search “Peritoneal Dialysis” or scan the QR code* to go directly to the page.

BC Renal

bcrenalagency.ca



Kidney Foundation of Canada

kidney.ca



*A QR code (short for “quick response” code) is a type of barcode that you scan with your smart device’s camera. Once scanned, it takes you to that web page.

www.fraserhealth.ca

This information does not replace the advice given to you by your healthcare provider.

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For more copies: patienteduc@fraserhealth.ca

Home Peritoneal Dialysis

It's better at home



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Being able to complete his dialysis treatment in his own home has allowed for Deep to spend more time with his baby girl.

What is Peritoneal Dialysis?

In peritoneal dialysis the blood is cleaned inside your body. The inside lining of your own belly acts as a natural filter. This helps to remove wastes and excess fluid from your body when your kidneys are not working properly. This is done using a soft tube to put cleansing solution inside your belly.

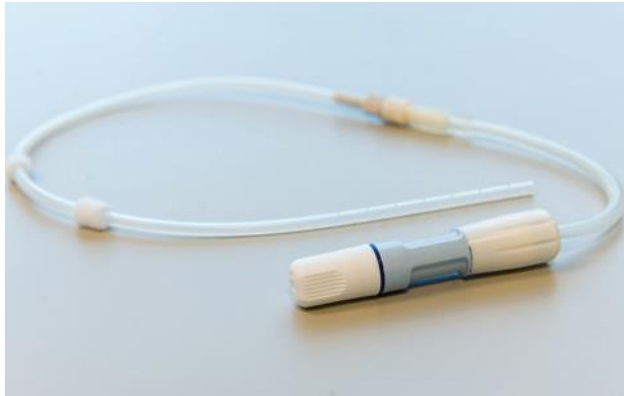


Photo Credit: BC Renal Agency

Types of Peritoneal Dialysis

There are 2 types of Peritoneal Dialysis. You will learn to do both of these types:

- Continuous Ambulatory Peritoneal Dialysis (CAPD): you will change the cleansing solution 1 to 4 times during the day.
- Continuous Cycling Peritoneal Dialysis (CCPD): you use a machine to do the dialysis while you are sleeping.

The Benefits of Peritoneal Dialysis

- ✓ You can do dialysis in your home.
- ✓ You can control your treatment schedule.
- ✓ You can continue to work, go to school, and travel.
- ✓ You can gain a better understanding and awareness of your own health.
- ✓ You might have less restrictions with what you eat and how much fluid you drink.
- ✓ No needles are used for your daily dialysis treatments.
- ✓ You get gentle dialysis treatment that helps you keep left over kidney function longer.



Photo Credit: BC Renal Agency

Is Peritoneal Dialysis right for me?

Peritoneal Dialysis could be right for you if:

- ✓ you work, go to school, or like to travel.
- ✓ flexibility and independence in your daily life is important.
- ✓ you want the freedom to enjoy things that matter most.
- ✓ you want to take charge of your health.
- ✓ you want to spend more time exercising.

Common Questions

How is Peritoneal Dialysis done at home?

You will have day surgery to place a soft tube in your belly. This tube is used for your daily dialysis treatments.

Is it safe to do my dialysis at home?

Yes. Doing your dialysis at home does not mean you are on your own. Doing dialysis at home reduces the chances of infection and improves your health. We include safety training, ongoing phone support, and help with problem solving. You will also have regular clinic appointments.

Can I swim?

Yes. We will give you special training and instructions on how to safely enjoy swimming while on peritoneal dialysis.

Is it okay to exercise?

Yes. Regular exercise will help improve your muscle strength, bone health, and energy levels.

Is it safe to have sex?

Yes. Sex and intimacy are an important part of your overall well-being. You can talk to us about sex. We can help answer any questions you might have so you can feel safe and enjoy a healthy sex life.