

Occupational Therapy

Household Equipment

Name: _____

Date: _____

After an injury or illness it might be difficult to do your regular everyday activities.

There are pieces of equipment that can help you to do these everyday activities.

Your occupational therapist will check off (☑) the equipment or tools you need for your home.

Where to get your Equipment

- **Purchase** from a local Medical Equipment Supplier. Your occupational therapist can provide you with a list of local vendors.
- **Purchase** from pharmacies, department, or hardware store.

Dressing Tools

- | | |
|---|---|
| <input type="checkbox"/> Long Handled Reacher | <input type="checkbox"/> Sock Aid |
| <input type="checkbox"/> Long Handled Shoe Horn | <input type="checkbox"/> Dressing Stick |
| <input type="checkbox"/> Long Handled Sponge | <input type="checkbox"/> _____ |

If you have questions about household equipment, contact your occupational therapist.

_____ (OT) (____) _____ - _____

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This information does not replace the advice given to you by your health care provider.

Household Equipment - *continued*

Household Tools

- | | |
|--|--|
| <input type="checkbox"/> Wheeled Trolley | <input type="checkbox"/> Foam Cushion to increase chair height |
| <input type="checkbox"/> Sit/Stand Stool | <input type="checkbox"/> Bed/Chair Risers |
| <input type="checkbox"/> Non-slip mats | <input type="checkbox"/> Button hook |
| <input type="checkbox"/> Floor to ceiling pole | <input type="checkbox"/> Extended door knob lever |
| <input type="checkbox"/> Lift chair | <input type="checkbox"/> _____ |

Kitchen Tools

- | | |
|---|---|
| <input type="checkbox"/> Stove guard | <input type="checkbox"/> Heavy weight utensils |
| <input type="checkbox"/> Knob guard | <input type="checkbox"/> One handed vegetable peeler |
| <input type="checkbox"/> Kitchen Timer | <input type="checkbox"/> One-handed can opener |
| <input type="checkbox"/> Pot holders | <input type="checkbox"/> Scissors |
| <input type="checkbox"/> Adapted cutting boards | <input type="checkbox"/> Foam handles to increase size of handles |
| <input type="checkbox"/> Rocker knives | <input type="checkbox"/> Non-slip mat (Dycem) |
| <input type="checkbox"/> Light weight pots | <input type="checkbox"/> Rubber jar opener |
| <input type="checkbox"/> Light weight dishes | <input type="checkbox"/> Mixing bowl with rubber bottom |
| <input type="checkbox"/> Light weight utensils | <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |

Other Tools

- | | |
|--------------------------------|--------------------------------|
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |