

What you can do to be safe while in the hospital

- Give your caregivers your complete health history including all the medications and herbal remedies you are taking. Bring a list of your current medications with you.
- Check to see if all the information on your identification wrist band is correct. If it is not correct, tell your nurse.
- Wash your hands frequently using plain soap and water.
- Ask your caregivers if they have cleaned their hands before caring for you.
- If the medications or dosages you receive in hospital are different from what you take at home, ask why.
- Ask for information on any new medications you are receiving.
- Report any changes in your condition to your nurse or doctor right away, even if it doesn't seem like much.
- Question anything that does not make sense to you or seems unusual about your care.
- When you are being discharged, ask your doctor or nurse to explain the treatment plan you should follow at home. Ask that information about activity, medications, diet, follow-up tests and appointments be written down for you.

Adapted from

