

for your health



Is your pre-schooler up to date on her vaccinations?

Contact your Public Health Unit

Abbotsford	604-864-3400
Agassiz	604-793-7160
Chilliwack	604-702-4900
Hope	604-860-7630
Mission	604-814-5500
Burnaby	604-918-7605
Maple Ridge	604-476-7000
New Westminster	604-777-6740
TriCities	604-949-7200
Port Coquitlam	604-777-8700
Cloverdale	604-575-5100
Delta-North	604-507-5400
Delta-South	604-952-3550
Guildford	604-587-4750
Langley	604-539-2900
Newton	604-592-2000
Surrey-North	604-587-7900
White Rock	604-542-4000

Other great sources of information:

www.immunize.cpha.ca
Canadian Coalition for Immunization Awareness and Promotion

www.bchealthguide.org
BC Health Guide

BC Nurse Line
Tel 1-866-215-4700

Parents ~ you can protect your child from preventable diseases by ensuring she receives her immunizations on time. If your child is late for her shots, she continues to be at risk of getting a variety of vaccine-preventable diseases. People often think these diseases aren't a risk in Canada, but they remain a real threat to our children's health.

Take steps to protect your child by contacting your local Public Health Unit or family doctor to arrange an appointment to immunize your child.



"I'm pretty busy, but I still make sure my girls see the nurse for their shots on time," says Kim Baird, Mother of two and Chief for Tsawwassen First Nations. Wanda Brown, Public Health Nurse comforts Sophia after her shots.



"On time immunizations are key to protecting children," says Laura Dillon, Public Health Nurse. Five-year-old Jeevan is a great sport when Mom, Bal Sidhu, brings him into the Health Unit for his regular immunizations.

WIN PRIZES! Take this survey for a chance to WIN a Parent's gift basket including a book on children's immunization, \$25 Safeway gift certificate, and more!

Parent Survey

1) Do you immunize your child on time? Yes No

If yes, why yes?

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If no, why not?

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2) Do you go to your local Public Health Unit for their immunizations? Yes No

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3) What questions or comments do you have about immunizing your child?

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Name:

Address:

City: BC

Postal Code:

Tel:

Email:

Return survey to: "Immunization Quiz"

Fraser Health, #300-10334-152A

Street, Surrey, BC V3R 7P8

Please send me more health information.

Yes No