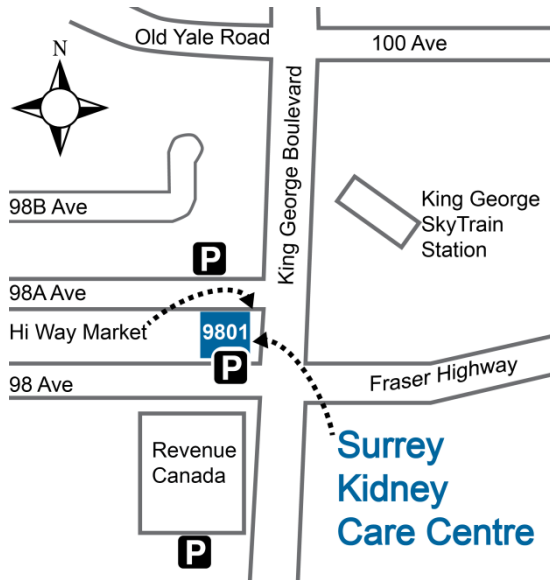


## Location



## Parking

Underground Pay Parking: Enter from 98<sup>th</sup> Avenue. There are 8 free Fraser Health parking stalls near the door entrance. If you park in other stalls, you will need to pay for parking.

**Note:** Parking meters take credit card only.

There is 2 hour free street parking on 98th and 98A Avenue.

## Public Transit

Take the SkyTrain to King George Station.

## Interpreter Services

If you do not speak or understand English well enough to have medical conversations, we can book a professional medical interpreter. You do not pay for this.

All information is kept confidential.



[www.fraserhealth.ca](http://www.fraserhealth.ca)

This information does not replace the advice given to you by your healthcare provider.

Catalogue #256012 (November 2021)  
To order, visit [patienteduc.fraserhealth.ca](http://patienteduc.fraserhealth.ca)

# Keeping Your Kidneys Healthy

Surrey Kidney Care Centre



Suite 300

9801 King George Boulevard  
Surrey, BC V3T 5H5

**Phone: 604-587-7630**

Fax: 604-587-7660

 **fraserhealth** Better health.  
Best in health care.

## Services we provide

Your kidney doctor referred you to the Kidney Care Centre for 1 of the following 2 services.

### **Healthy Lifestyle Counselling with a dietitian**

You will be invited to attend a class to learn about how the following can affect your kidneys:

- blood pressure
- blood sugar level
- what you eat and drink
- stress
- exercise
- smoking

After you have attended this class, the dietitian will provide ongoing coaching and follow-up.

Nurses and Social workers are also available if you need them.

**Your kidney doctor will continue to see you at their office.** These appointments are booked by the doctor's office.

### **Clinical Monitoring and Follow up care**

You will be invited to a meeting with the nurse to help you understand and care for your kidney health. Depending on your needs, the dietitian and social worker might join this meeting.

The nurse monitors and reviews your blood test results and medications with you.

The social worker helps you with treatment decisions, health care planning, and provides counselling and referrals to community resources.

The dietitian also monitors your blood test results and provides nutrition counselling.

**You will see the kidney doctor and nurse for ongoing medical follow-up at the Kidney Care Centre.** Our receptionist will book these appointments with you.

## Appointments

Our receptionist will call you to book the first appointment

### **Bring to your appointment**

- ✓ Completed forms sent by the Kidney Care Centre
- ✓ Your BC Services Card (personal health card)
- ✓ A current medication list

Family members, friends, and other support people are always welcome to attend any or all of your appointments.

### **How to cancel or reschedule an appointment**

Call the Kidney Care Centre as soon as possible. We will make sure you are rescheduled.

