

## Reminders

Family members, friends, and other support people are always welcome at your appointments.

When we call to confirm your appointment, tell us if you are bringing a support person.

If you need to cancel your appointment, call us as soon as possible. We can reschedule your appointment.

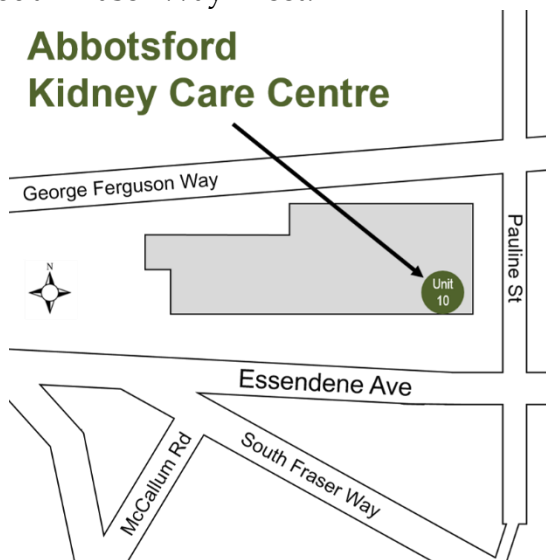
Phone: 604-870-3304

If you do not speak or understand English well enough to have medical conversations, we can book a professional medical interpreter. You do not pay for this. All information is kept confidential.



## Visiting the Kidney Care Centre

Find us in Abbotsford. We are at the outdoor shopping centre where Essendene Avenue, McCallum Road, and South Fraser Way meet.



### Parking

There is free parking in designated parking spots in front of the Kidney Care Centre.

### Public transit

Pick up and drop off at the bus stop on Essendene Avenue in front of the Kidney Care Centre.

Bus stop name: Essendene at Pauline (WB)

Bus stop ID: 107200

[www.fraserhealth.ca](http://www.fraserhealth.ca)

This information does not replace the advice given to you by your healthcare provider.

Catalogue #264769 (May 2022)

To order: [patienteduc@fraserhealth.ca](mailto:patienteduc@fraserhealth.ca)

## Kidney Care Centre

Abbotsford



Unit 10

33655 Essendene Avenue  
Abbotsford, B.C V2S-2G5

Phone: 604-870-3304

Fax: 778-856-0382



## What can I expect?

We are here to help you stay in the best of health and keep your kidneys working as well as possible.

We help you understand and care for your kidney health.

Our services include:

- monitoring your kidney health
- helping you choose the best foods and fluids for you
- following up on your medical care
- providing emotional support
- teaching about kidney care

On your first visit, you meet the members of the kidney care team. You return for more visits depending on your needs.

We encourage you to take an active role in your health care.

## How does my care team help?

### Unit clerk

- Arranges your clinic appointments.

### Nurse

- Monitors your kidney health.
- Reviews your blood test results and medications with you.

### Social worker

- Helps you decide about your treatments and plan your health care.
- Provides counselling and referrals to community resources.

### Dietitian

- Monitors your blood test results.
- Teaches you about choosing the best foods and fluids for you.

### Nephrologist (kidney doctor)

- Reviews medical issues and medications related to your kidney care.

### You and your family

- Actively take part in your health care with your kidney care team.

## How can I get ready for my first visit?

### Forms

- ☐ Complete the forms we sent you.
- ☐ Bring these forms to your first visit.

### Medications

- ☐ Bring all the medications, vitamins, and herbal supplements you are currently taking to your first visit.

### Blood Tests

- ☐ Go for your scheduled blood tests at least 2 to 3 days before your first visit.

### Identification

- ☐ Bring your BC Services Card or your BC CareCard (personal health card) and photo identification to your first visit.

We look forward to meeting you!

