

Interpreter Services

If you do not speak or understand English well enough to have conversations about your health or to make medical decisions, we can book a medical interpreter. This is a free service. Let us know you need an interpreter at least one week before your appointment.

Family Doctor

Your family doctor will coordinate your overall health care. They also work with you to prevent illness and promote healthy living. See your family doctor every year for a check-up.

If you do not have a family doctor, you can get information on how to find one from the BC College of Family Physicians website by clicking [here](#) or scanning this QR code:



You can also access a family doctor at one of the Fraser Health [Urgent and Primary Care Centres](#).

Clinic Location

#115 - 7455 132 St.
Surrey, BC V3W 1J8

Parking

There are free parking stalls marked 'FHA Kidney Client Reserved'.

If you are parking in the other parking stalls not marked 'FHA Kidney Client Reserved', you will need to pay for parking by credit card.

Please give yourself enough time to find parking.

Pharmacies

One of the 3 pharmacies listed below will give you your transplant medications.

- Somerset Pharmacy Services (Surrey)
- Wellness Pharmacy (Langley)
- Newgen Pharmachoice (Abbotsford)

www.fraserhealth.ca

This information does not replace the advice given to you by your healthcare provider.

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For more copies: patienteduc.fraserhealth.ca

Kidney Transplant Clinic

Your first appointment

Date: _____

Time: _____



fraserhealth

Better health.
Best in health care.

Anyone with a transplanted kidney must have their medications and health checked regularly for the rest of their life.

One week before your first visit

- ✓ We have given you a requisition for a **fasting** blood test. Please do this blood test **one week before** your first appointment.

For your first visit

- ✓ Bring all the medicines that you take with you to your first visit.

For each clinic visit

- ✓ Bring an up-to-date medication list and any important health information such as blood pressure records and blood sugar records.
- ✓ Arrive at least 5 minutes early.
- ✓ Check in at the Reception desk.
- ✓ Let us know if any of your contact information has changed since your last visit.
- ✓ Weigh yourself on our scales.
- ✓ Book your next clinic visit before you leave.

Who you meet at the clinic

Our unit clerk:

- Organizes any tests you need.
- Arranges any appointments with other doctors.

Our registered nurse:

- Compares your weight today with your previous weight.
- Checks your overall health and any problems you are having related to your transplant kidney.
- Reviews your medications.

Our kidney specialist (nephrologist):

- Talks with you about any changes needed to your treatment.
- Reviews the results of your blood tests.
- Orders blood tests or other tests.

You might also meet:

- A dietitian (appointments available on request to help you with your diet)
- A social worker (can help with any social supports and counselling)

For your kidney health

We are here to help you stay in the best of health and keep your kidney working as well as it should.

In order for us to tell how well your kidney is working, you must get blood tests every month. We will give you a requisition for the blood tests. Please do blood tests at your local laboratory.

With every visit, we check to make sure your transplanted kidney is working properly and treat any problems that we find. How often you come to the clinic is different for each person.

Visits are booked for Monday to Friday between 8:30 a.m. and 11:30 a.m.

If you have any questions about your medications, your diet, or your overall kidney health, please feel free to call us.

Need to cancel? Call us and we will reschedule your appointment.

Call us at 604.592.0922

Monday to Friday

8:15 a.m. to 12:30 p.m. and

1:30 p.m. to 3:45 p.m.

We are closed on weekends and holidays.